

MEERI VISNAPUU

Design and physico-chemical
characterization of metal-containing
nanoparticles for antimicrobial coatings



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This study was carried out at the Institute of Physics, Faculty of Science and Technology, University of Tartu in collaboration with the National Institute of Chemical Physics and Biophysics.

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LIST OF PUBLICATIONS

- Paper I **M. Visnapuu**, U. Joost, K. Juganson, K. Künnis-Beres, A. Kahru, V. Kisand, A. Ivask, Dissolution of silver nanowires and nanospheres dictates their toxicity to *Escherichia coli*, *BioMed Research International* (2013) 819252.
- Paper II A. Ivask, I. Kurvet, K. Kasemets, I. Blinova, V. Aruoja, S. Suppi, H. Vija, A. Käkinen, T. Titma, M. Heinlaan, **M. Visnapuu**, D. Koller, V. Kisand, A. Kahru, Size-dependent toxicity of silver nanoparticles to bacteria, yeast, algae, crustaceans and mammalian cells in vitro, *PLOS ONE* 9 (2014) e102108.
- Paper III A. Ivask, **M. Visnapuu**, P. Vallotton, E. R. Marzouk, E. Lombi, N. H. Voelcker, Quantitative multimodal analyses of silver nanoparticle-cell interactions: Implications for cytotoxicity, *NanoImpact* 1 (2016) 29–38.
- Paper IV U. Joost, K. Juganson, **M. Visnapuu**, M. Mortimer, A. Kahru, E. Nõmmiste, U. Joost, V. Kisand, A. Ivask, Photocatalytic antibacterial activity of nano-TiO₂ (anatase)-based thin films: Effects on *Escherichia coli* cells and fatty acids, *Journal of Photochemistry and Photobiology B: Biology* 142 (2015) 178–185.
- Paper V **M. Visnapuu**, M. Rosenberg, E. Truska, E. Nõmmiste, A. Šutka, A. Kahru, M. Rähn, H. Vija, K. Orupõld, V. Kisand, A. Ivask, UVA-induced antimicrobial activity of ZnO/Ag nano-composite covered surfaces, *Colloids and Surfaces B: Biointerfaces* 169 (2018) 222–232.

AUTHOR'S CONTRIBUTION

- Paper I Contribution to the design of the experiments. Conducting the experiments (material characterization; toxicity, bioavailability, viability tests), analysing data. Participating in preparation of the manuscript.
- Paper II Performing material characterization experiments (TEM, SEM), analysing data.
- Paper III Preparation of cell samples (exposure, chemical etching) for subsequent analysis (ICP-MS, imaging flow cytometry), analysing data.
- Paper IV Contribution to the design of the experiments. Conducting the experiments (antibacterial study, SEM imaging), analysing data. Participating in preparation of the manuscript.
- Paper V Contribution to the design of the experiments. Conducting the experiments (particle synthesis, surface preparation, photocatalysis study, antimicrobial study), analysing data. Participating in preparation of the manuscript.

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1. A. Šutka, M. Järvekülg, K. A. Gross, M. Kook, T. Käämbre, **M. Visnapuu**, G. Trefalt, A. Šutka, Visible light to switch-on desorption from goethite, *Nanoscale* 11 (2019) 3794–3798.
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ABBREVIATIONS

AAS	atomic absorption spectroscopy
acac	acetylacetone
ATP	adenosine triphosphate
bPEI	branched polyethylenimine
DLS	dynamic light scattering
DNA	deoxyribonucleic acid
EC ₅₀	half-effective concentration; the concentration of the test substance that induces the designated effect in 50% of the test organisms after a specified exposure time
EDX	energy dispersive x-ray spectroscopy
EN	European Standard
GSH	glutathione
HCAI	healthcare associated infection
H ₂ DCFDA	2,7-dichlorodihydrofluorescein diacetate
IC ₅₀	half-inhibitory concentration; the concentration of the test substance that inhibits the biological process (e.g. growth, viability) by 50%
ICP-MS	inductively coupled plasma mass spectrometry
ISO	International Organization for Standardization
n.a.	not analysed
n.o.	not observed
NM	nanomaterial
NP	nanoparticle
NS	nanosphere
NW	nanowire
PBS	phosphate-buffered saline
pdi	polydispersity index
PEG	polyethylene glycol
PTSA	<i>p</i> -toluenesulfonic acid
ROS	reactive oxygen species
SEM	scanning electron microscopy
SOD	superoxide dismutase
SSC	side scatter
TEM	transmission electron microscopy
Ti(OBu) ₄	titanium(IV) butoxide
TXRF	total reflection x-ray fluorescence spectroscopy
UVA	ultraviolet A
UVC	ultraviolet C
UV-Vis	ultraviolet–visible
XPS	x-ray photoelectron spectroscopy
XRD	x-ray diffraction

1. INTRODUCTION

The constant need for materials with new or improved functionalities has provoked a wide use of nanotechnology in consumer and industrial product development. Engineered nanomaterials (less than 100 nm in at least one dimension) have unique properties compared to the respective bulk material making them desirable in a wide range of applications.

Many consumer products aim to prevent the spread of microbes. Silver nanoparticles (Ag NPs) are one of the most frequently used nanomaterials (NMs) in consumer products as Ag is known for its antimicrobial properties. Antimicrobial products are meant to kill or inhibit the growth of predominantly bacteria without causing harm to so-called non-target organisms. Therefore, the potential toxic effects of antimicrobial materials, including NPs towards humans as one of the non-target organisms need to be understood to enable their safe implementation. NMs are not considered dangerous per se, but dangers and uncertainties in many aspects regarding their safe use still exist.

Particle physico-chemical properties, such as size, shape and surface properties, as well as the surrounding media, can significantly affect NP influence through altering particle-cell interactions. One of the main toxicity pathways of some NPs, e.g., Ag NPs is their dissolution and release of metal ions. Therefore, dissolution of NPs is a characteristic that needs a special attention in toxicity assessment. Lack of suitable methods for visualization and quantification of NP-cell interactions has not enabled to clarify whether the toxic effects of Ag NPs are caused by cell surface-bound NPs resulting in local dissolution and release of Ag^+ ions or by internalized Ag NPs. Therefore, methods need to be combined to relate cell-particle interactions with cytotoxicity. Understanding of nanoparticle toxic properties allows proceeding with product development without affecting the environment and human health.

A promising perspective for NP use is their application in antimicrobial coatings with the ability to inhibit bacterial growth and even degrade organic residues from the surface. The most often used NPs in such applications are metallic and metal oxide NPs. NPs of Ag and ZnO exhibit their effect through enhanced release of metal ions resulting from the large surface area of the NPs. NPs of metal oxides such as TiO_2 and ZnO are photocatalytically active, i.e., hinder microbe growth and degrade various organic contaminants under specific lighting conditions. Therefore, a formation of nanoparticulate photocatalytic material in combination with antimicrobial metallic NPs would result in a combined effect of antimicrobial ions and photocatalysis.

The purpose of the current study was to gain knowledge on the toxicity of nanosized Ag particles with different physico-chemical properties. The improved knowledge was expected to contribute to the development of novel and sustainable antimicrobial coatings. As a result of the study we propose an antimicrobial coating that is based on a combination of photocatalytic and antimicrobial metallic NPs that enable efficient inhibition of bacterial growth as well as degradation of organic material on surfaces. We also demonstrate the reusability of our coatings which to our best knowledge hasn't been done before for this type of coatings.

2. AIMS OF THE STUDY

The present thesis aims to develop nanoparticle-based antimicrobial coatings that efficiently inhibit the growth of pathogenic bacteria but are safe for human use. The specific aims were:

- to clarify the role of physico-chemical properties (shape, size, surface charge and dissolution) of the most widely used antimicrobial nanoparticles' effects towards model pathogenic bacteria and relevant mammalian cell lines;
- to study the mechanisms behind antimicrobial action of photocatalytically active surfaces;
- to design and propose safe nanoparticle combinations for antimicrobial surface coatings with enhanced photocatalytic and antimicrobial effect.

3. LITERATURE REVIEW

3.1. Advantages and challenges related to nanomaterials

The definition for “nanomaterial” varies slightly in different European Union legislations and is under constant revision^{1, 2} but overall, nanomaterials (NMs) are classified on the basis of size and are considered to be materials with at least one dimension in the range of 1–100 nm or particles in agglomerates or aggregates whenever the constituent particles are in the mentioned size range³. The current work focuses on particles in nanoscale size range i.e. nanoparticles (NPs). The interest towards nano-scale materials and processes has emerged due to unique physico-chemical properties of NPs that arise mostly due to increased specific surface area compared to the bulk substance. The significantly increased specific surface area of NPs in turn results in increased surface reactivity due to high ratio of surface atoms. Although natural (incl. incidental) nanosized matter has always existed in the environment (e.g. released during combustion processes like volcano eruptions) and surrounded humans, the emergence of nanotechnology and engineered NPs has put the environment and humans in a novel situation⁴. Current synthesis methods enable the production of particles with a wide range of physico-chemical properties e.g. size, shape, crystallinity, composition, surface properties. Spherical NPs are most commonly produced and used however, differently shaped particles (nanowires, nanocubes, nanoplates, nanorods etc) have been shown to have great potential in specific applications. For example, Ag or ZnO nanowires could potentially be used in electro-optical applications like solar cells^{5–7} and Ag nanoplates show potential as a contrast agent in tumour imaging⁸.

NPs find use in various applications due to their enhanced optical, mechanical, electrical, catalytic, biologic etc activity⁴. The properties required for technological applications may lead to increased bioavailability and toxicity of NPs compared to bulk and micro-sized compounds. Although NMs are not considered dangerous per se, there exist risks regarding their safe use. Consumer products mostly make use of the novel properties of metal-based NPs among which Ag NPs with well-known antimicrobial properties are currently the most used NPs⁹. The data on toxicological impact of NPs are just emerging and still lag behind the design of new NMs^{10, 11}.

Probably the biggest challenge regards antimicrobial NPs that are meant to be toxic towards microbes per se. These particles however should not affect the non-target cells and organisms. Among the three well-known antimicrobial and biocidal NPs (Ag, ZnO, CuO), Ag NPs have been shown to be the most toxic towards environmentally relevant (non-target) organisms¹², such as environment-inhabiting bacteria and plants, at environmentally relevant concentrations¹³. The estimated annual production of Ag NPs in Europe is ~10 tons¹⁴ and Ag NPs have demonstrated to exhibit toxic effects. Therefore, the need to understand the

magnitude of potential toxicity of nanoscale Ag towards non-target environmental organisms and the human is of great importance. In the following chapters (i) the toxicity pathways of metal-based NPs and (ii) the effect of NP physico-chemical properties on their biological activity and NP-cell interactions will be introduced. Ag NPs as the most widely used metal-based NPs will be in the focus.

3.2. Toxicity mechanisms of metal-based nanoparticles

Generally, three major phenomena drive the toxicity of metal-based NPs: (i) release of ions during dissolution of NPs, (ii) organism dependent cellular uptake of NPs and (iii) induction of oxidative stress and the consequent cellular damages¹⁵. The toxic effect of metal-based CuO, ZnO and Ag NPs has been shown to be mediated by dissolved ions¹². Also, reactive oxygen species (ROS)-induced oxidative stress and the resulting physiological effects of Ag, ZnO and CuO NPs have been demonstrated at almost all the levels of biological organization, from bacteria to fish as well as in mammalian cell lines *in vitro*¹⁵. Induction of ROS in addition to ion release is one of the best acknowledged mechanism of toxicity of Ag NPs¹⁶. However, Ag NPs' toxicity mechanisms in the case of bacteria and mammalian cells are somewhat different.

In the case of bacteria, toxicity of Ag NPs (which is driving also the anti-bacterial effects of these NPs) is shown to be driven by (i) adherence to the surface of the cell membrane and the following disturbance of membrane permeability and respiration¹⁷, (ii) penetration of the cell membrane and induction of the subsequent physiological effects¹⁸ and (iii) release of silver ions^{19–21} (Figure 1).

Adherence of Ag NPs to bacterial membrane has been proven using electron microscopy¹⁸ and atomic force microscopy²². Morones et al. 2005 suggest that Ag NPs increase bacterial membrane permeability making it possible for particles to penetrate the cell¹⁹. Kumar et al. claim cellular uptake of TiO₂ and ZnO NPs by *Salmonella typhimurium* using TEM and flow cytometry analysis²³. However, for bacteria, internalization of NPs due to rigid cell wall is rather an exception and mostly reported as a side-effect.

Increased adherence enhances Ag bioavailability which leads to increased interference with the normal function of the bacterial electron transport chain and ROS formation at the cell membrane²². Bactericidal action of Ag NPs can be attributed to disruptions in ATP generation due to altered respiratory electron transport, increased membrane permeability, inhibition of respiratory chain enzymes and generation of ROS²⁴. Increased ROS levels can be the result of disruptions in ROS regulatory pathways²⁴ as Ag⁺ ions released from Ag NPs are proposed to strongly interact with thiol groups of vital enzymes and inactivate them¹⁹. Also, loss of DNA replication ability and structural changes in the cell membrane have been reported to occur after Ag⁺ ion treatment²⁵. The importance of Ag⁺ ions in Ag NPs toxicity has been proven by the diminished toxicity in anaerobic conditions due to the lack of oxidative dissolution and subsequent ion

release²⁰. Lok et al. have as well shown that chemisorbed Ag^+ is the cause for Ag NP antimicrobial activity as reduced Ag NPs (particles without chemisorbed ions) did not cause antibacterial effect²⁶. Direct contact between Ag NPs and bacterial cells has proven to be a prerequisite for enhanced Ag NP antibacterial effect due to additional dissolution taking place at particle-cell interface²¹.

Antimicrobial effects of NPs can be bacteria-specific due to differences in cell membrane structure. For example, Gram-positive bacteria *Staphylococcus aureus* is shown to be less susceptible to Ag NPs than Gram-negative *Escherichia coli*²⁷. Less pronounced changes in cell morphology of *S. aureus* compared to *E. coli* after Ag^+ treatment suggests a defense mechanism of *S. aureus*²⁵. However, different susceptibility to Ag NPs has also been observed for bacteria with similar membrane structure, e.g., Gram-negative *Pseudomonas aeruginosa* and *Vibrio cholerae* have been shown to be more resistant to Ag NP toxicity than Gram-negative *E. coli*¹⁹. Recently, it has been concluded that there is a need to study the bacterial transcriptomic profile in relation to the proteomic profile to comprehensively elucidate the molecular mechanisms behind Ag NP bactericidal action²⁴.

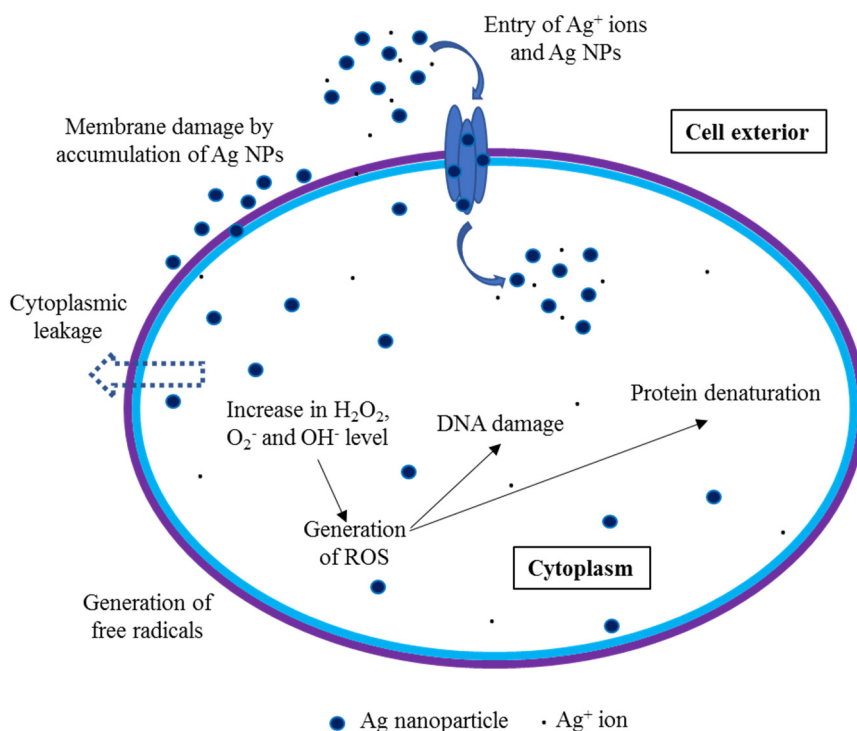


Figure 1. The effects of Ag nanoparticles (NPs) on the bacterial cell. Ag NPs and Ag^+ ions released from the particles can damage bacterial cell membrane and disturb membrane permeability and respiration causing cytoplasmic leakage. Internalized Ag NPs and Ag^+ ions induce increased ROS generation and cause subsequent physiological effects (e.g. DNA damage, protein denaturation). Modified from (Pareek et al. 2018)²⁴.

In the case of mammalian cells, differently from the bacteria, the uptake of NPs is a very common scenario. Caveolae- and clathrin-mediated endocytosis have been shown to be the main contributors to NP uptake^{28, 29}. By using uptake inhibitors it has been suggested that lipid-raft mediated endocytosis, energy-dependent uptake pathways and energy-independent diffusion are all involved in the uptake of Ag NPs³⁰. The preferred uptake pathways have been shown to be NP specific and depend on NP parameters such as composition, size, shape and surface chemistry as well as on purity of the particles, incubation conditions and cell types²⁸. Particle sizes suitable for uptake range from 10 to 500 nm, but 40–50 nm diameter seems to be the optimal NP size for cellular binding and internalization³¹. The internalized NPs generally translocate to endosomal or lysosomal vesicles for further elimination. Internalized NPs can cause cytotoxicity i.e. toxicity to mammalian cells through the production of ROS and direct mitochondrial damage³¹. The significance of Ag⁺ ions in toxicity towards mammalian cells is well-studied. Ag NPs may facilitate the entrance of Ag⁺ ions into mammalian cells by so called “Trojan horse” mechanism by which the internalized NPs dissolve and by that, increase the bioavailability of silver³². The released Ag⁺ ions cause cytotoxicity while intracellular localization of NPs is not that important³². A study investigating the fate of intracellular Ag NPs suggested that internalized Ag NPs dissolve quickly and the released ions bind to SH-groups in amino acids or proteins and subsequently affect protein functions and antioxidant defense system of the cells³⁰ (e.g. the depletion of glutathione (GSH) and reduction of the superoxide dismutase (SOD) enzyme activity). As SODs and GSH-dependent enzymes are the major enzymatic antioxidants in cells³³, depletion of GSH level increases oxidative stress. Increased amount of reactive oxygen radicals stimulated by Ag NPs may be an important factor in their genotoxic effects^{30, 34}. Although ROS generation is one of the most frequently reported NP-associated toxicity mechanisms³⁵, Chairuangkitti et al. have reported both ROS-dependent (cytotoxicity) and ROS-independent (cell cycle arrest) pathways for Ag NP toxicity in A549 cells (human alveolar epithelial cells)³⁶. A question concerning metal ion releasing particles is whether the oxidative stress experienced by cells is directly induced by extracellular or internalized NPs, caused by the released ions or a combination of nano-specific NP-cell interactions resulting in increased levels of bioavailable metal ions.

3.3. The effect of nanoparticle physico-chemical properties on their biological activity and nanoparticle-cell interactions

The interactions between NPs and organisms can be complex and vary depending on the characteristics of the particles, types of cells (prokaryotic and eukaryotic) and organisms involved and the properties of the exposure media. Metal-based NP-cell interactions can be roughly classified as (i) adherence to the cell membrane, (ii) penetration of the damaged cell membrane, (iii) internalization by regulated uptake pathways, (iv) extracellular or intracellular release of metal ions and the subsequent interaction with cells.

Physico-chemical properties (size, shape, composition and surface properties such as surface coating) of metal-based NPs may significantly affect particle toxicity through either altered NP-cell interactions or variations in particle dissolution, both of which may increase the bioavailable portion of the metal component of NPs^{12, 15, 24, 37}. The extent of NP dissolution is suggested to additionally depend on the properties of the surrounding media. For instance stable colloidal Ag NPs can lead to increased cell-NP association and/or dissolution and consequently to higher toxicity³⁷. The importance of proper particle characterization in relevant test conditions has been emphasized¹² and the lack of coherent test conditions and proper characterization may be the reason for controversial data gained by different research groups. The following chapters will describe physico-chemical characterization of NPs and size, shape and surface properties-based biological effects of metal-based NPs on bacterial and mammalian cells with the emphasis on Ag NPs.

3.3.1. Physico-chemical characterization of nanoparticles

A prerequisite for a well-devised and executed study is the appropriate characterization of NPs to make the claims and conclusions of the study³⁸. Important aspects of NP characterization can be classified into three main groups: physico-chemical properties, biological and environmental fate, and (re)activity³⁹. Physico-chemical properties of NPs can be divided into (i) intrinsic material properties which include chemical composition, size, size distribution, shape, crystal structure, crystallinity and surface characteristics and (ii) extrinsic (altered by the environment) properties which include hydrodynamic diameter, the extent of aggregation or agglomeration, composition of bio-corona, zeta-potential and dissolution⁴⁰. In the case of metal and metal oxide NPs dissolution properties are particularly important to investigate as the release of ionic components must be taken into consideration⁴¹. Analysis of NPs' extrinsic properties in relevant biological environments poses a challenge due to low realistic NP concentrations and the presence of natural nanoparticulate matter which may complicate analysis⁴².

However, knowledge of intrinsic properties or so-called particle synthetic identity may help to predict their biological fate and physiological activity⁴⁰.

NPs' properties can be studied using a variety of methods and generally a combination of techniques is used to enable sufficient characterization. Methods for characterization of nanosized matter include electron microscopy (SEM, TEM) and light scattering methods (e.g. DLS) for size, size distribution and aggregation state measurement, spectroscopy methods (e.g. EDX, XPS, UV-Vis) for chemical composition analysis, atomic spectrometry techniques (e.g. AAS, ICP-MS) for elemental analysis and zeta-potential measurement for surface charge and colloidal stability analysis^{39, 42}. NPs' inherent reactivity is analysed by measuring their redox potential, radical formation potential and photocatalytic activity³⁹. Sample preparation for characterization may alter NP characteristics (e.g. effects from drying in the case of electron microscopy samples or effects from dispersion protocols which affect the degree of particle agglomeration) and that must be taken into consideration when interpreting the results.

It is advisable to characterize several common NP parameters to describe what the particle is made of (chemical composition), what it looks like (size, size distribution, shape) and which factors influence their biological effects (e.g. surface charge, solubility). At the same time, it is important to keep in mind that the choice of the NP characteristics to be measured more accurately should be fit-for-purpose i.e. tailored to the end point being studied⁴⁰.

3.3.2. Effects on bacterial cells

As explained in the previous chapter, interaction of dissolved Ag⁺ ions from Ag NPs is one of the main cellular interaction mechanisms for Ag NPs, but physico-chemical properties of Ag NPs have been shown to highly influence the type and degree of interactions with bacterial cells²⁴. In general, smaller particles tend to induce higher antibacterial activity independent of the NP constituent material³¹. Several studies have concluded that smaller Ag NPs cause higher antimicrobial activity due to increased release of Ag⁺ ions⁴³⁻⁴⁵. Increased dissolution, accompanying decreasing particle size often explains the tendencies observed in antibacterial effect⁴⁶. However, for non-soluble NPs lower antimicrobial effect for smaller NPs⁴⁷ or no evident size-dependent toxicity⁴⁸ has been published.

It has also been observed that the shape of Ag NPs can impact their antimicrobial activity. Compared to spherical and rod-shaped Ag NPs triangular nanoplates showed higher antibacterial activity⁴⁹. Sadeghi et al. reported that Ag nanoplates had higher antibacterial effect than Ag nanorods with Ag nanospheres being the least effective⁵⁰. Higher area of active crystal facets with high biological reactivity has been claimed to be the cause for increased antimicrobial activity of Ag triangular nanoplates compared to spherical or rod-shaped particles^{49, 50}. Namely, the dissolution of Ag from [111] crystal facets (predominant in rod- and plate shaped NPs) is easier which consequently leads to increased Ag⁺ release⁵¹. Controversially in another study, Ag nanoplates were reported to be less

antibacterial than spherical and rod-shaped particles⁵². Shape-dependent toxicity has been shown for other environmentally relevant organisms. Ag nanoplates induced higher toxicity towards zebrafish embryos compared to spherical particles⁵³. Shape-dependent antibacterial activity has also been shown for non-soluble materials in which case the adverse effects are not due to chemical (ion-based) but physical reasons. For example rod-shaped carbon structures were reported to puncture bacterial cell membranes⁵⁴.

Particle surface can be intentionally functionalized using different ligands. Selection of capping material is relevant as it can significantly affect the dissolution kinetics and release of active silver ions from the surface of Ag NPs²⁴. At the same time, in a media containing proteins and other organics, particles tend to spontaneously accumulate an organic surface coating which affects solubility and toxicity of metal NPs¹². Particle surface properties can also affect cell-NP interactions. Compared to negatively charged particles, positively charged Ag particles have higher adherence affinity for bacterial surface, causing enhanced antibacterial effect^{22, 51} due to higher Ag bioavailability²² and destruction of membrane causing leakage of cellular material⁵⁵.

3.3.3. Effects on mammalian cells

As majority of Ag containing consumer products come into contact with humans, toxicity for the human as one of the non-target organisms is studied to evaluate material safety. Ag NP toxicity towards human cells is known from a number of studies¹². The choice of mammalian cell line for a study depends on the relevant NP exposure scenario. NPs may invade the human body via inhalation, ingestion or through skin and therefore toxic effects towards lung cells, blood cells, epidermis cells etc are studied. The potential use of Ag NPs in drug delivery and targeting⁵⁶ has also raised the need to understand Ag NP-cell interactions on tissue cells²⁹.

Cytotoxicity of NPs has been shown to be particle size dependent. Smaller Ag and Au particles have been shown to induce more significant effects than bigger ones due to increased particle internalization⁵⁷, oxidative stress⁴⁶, necrosis and apoptosis⁵⁸ and depletion of glutathione (GSH) level⁵⁷. The size of the NP alone may not be responsible for cytotoxicity, but the total particle number per unit volume may be important. Smaller particles occupy less volume and therefore larger number of particles can occupy a unit area, resulting in increased oxidative stress, ROS generation or mitochondrial perturbation⁵⁹. Shang et al. have concluded that smaller NPs have a higher probability to be internalized by living cells and more likely cause toxic cellular responses⁶⁰.

Cellular uptake of NPs has been shown to be shape-dependent: shorter Au nanorods internalize more easily as particles with higher aspect ratio take longer time to internalize through endocytosis^{28, 61}. Shape-dependence can be cell line specific. Graf et al. showed higher nanoprism uptake compared to spherical NPs by cells with flexible cell membrane compared to stiff membrane⁶². Cells with

rather stiff membrane showed no NP shape-dependent affinity⁶². Shape-related studies with fish gill epithelial cells and zebrafish embryos⁶³ and cell cultures⁶⁴ also indicate potential shape-specific effect of rod/wire-shaped particles.

Particle surface properties greatly influence cell-NP interactions. Surface coating may affect particle surface charge and subsequently alter particles' behaviour. Positively charged Au⁶⁵, SiO₂⁶⁶, TiO₂⁶⁷ and Ag²² particles have been shown to associate with cells more readily compared to negatively charged particles. Surface charge also affects the cellular uptake mechanism – positively charged particles are taken up rapidly by clathrin-mediated endocytosis, but negatively charged particles show inferior rate of endocytosis^{28,68}. Ag NPs with different coating material can induce unlike toxic effects due to different ability of the coating material to complex released Ag⁺ ions⁴⁶. The fate of particles after uptake must be considered as the particles may dissolve (e.g. Ag⁺ ions induce ROS directly or influence the work of ROS scavengers). The study by Jiang et al. claimed that 80% of Ag NPs taken up by the cells were dissolved after 24 h incubation and after cellular uptake silver changes overtime from Ag⁰ to Ag-O- to Ag-S- form³⁰.

Among the listed parameters surface chemical composition/modification is claimed to be one of the most efficient means to control and modulate interactions between NPs and mammalian cells. NP's surface properties greatly depend on surrounding media: biomolecules (proteins, natural organics etc) can adsorb onto the surface and thereby functionalize the particle. A subsequent protein corona⁶⁹ formed around NPs alter the behaviour of the particle⁷⁰. At the same time, the possibility to functionalize NPs e.g. using specific proteins enable the development of highly efficient and specific drug-delivery options. Cell-specific uptake mechanisms and pathways are essential properties when designing cancer treatment drugs which selectively kill cancer cells without affecting normal cells⁷¹.

Due to the lack of suitable methods enabling visualization and quantification of cell-particle interactions, it is not clear whether the toxic effects of Ag NPs are caused by cell surface-bound particles resulting in local Ag dissolution or by internalized Ag NPs^{32,72}. Many microscopy techniques exist for qualitative evaluation of cell-NP interactions⁷³ but they often don't achieve nanoscale resolution/sensitivity (e.g. light microscopy or dark-field microscopy⁷⁴), need specially labelled NPs (fluorescence microscopy⁷⁵) or excessive sample preparation that may introduce possible artefacts (electron microscopy⁷³) and the results can't be directly linked to quantitative toxicological results. Enhanced dark-field microscopy on the other hand is specifically designed to allow visualization of particles as small as 10 nm⁷⁶. Flow cytometry is another promising method for studying cell-NP interactions. Cell-association of TiO₂, Ag, SiO₂ and Fe₃O₄ NPs has been characterized using flow cytometry and the detected NPs have been assumed to be intracellularized^{66,67,77-79}. Only a few studies have attempted to quantify cell-associated NPs. For example Böhme et al. used flow cytometry together with ICP-MS to quantify the uptake of Al₂O₃ NPs by skin keratinocytes and lung epithelial cells⁸⁰. Selective chemical etching that removes cell surface bound NPs has been utilized to distinguish between cell

surface-bound and internalized Au⁶⁵ or Ag⁸¹ NPs, respectively. Qualitative and quantitative understanding of Ag NP-cell interactions is needed to correlate cell-NP interactions with cytotoxicity results.

3.4. Antimicrobial applications of nanoparticles

According to product inventories which list NP-containing products, majority of the listed consumer products involve antimicrobial protection^{82, 83}. Antimicrobial NPs can be classified as inorganic (e.g. metal or metal oxide NPs), hybrid (e.g. surface modified metal oxide NPs) and organic (e.g. polymeric NPs) materials⁸⁴. The listed applications include medical equipment coatings, cosmetic products, textiles, sprays etc. Depending on the (potential) NP application, the impact on target and non-target organisms needs to be evaluated as the toxic range for both types of organisms may overlap^{12, 85}. The assessment of toxicity and/or safety can be complex as characteristics of NPs, the surrounding media and types of organisms all impact NP-cell interactions and toxic action. Among the biocidal NPs, Ag NPs have the most widespread use and are included in 12–24% of the listed products^{82, 83}.

Efficient silver-containing antibacterial systems can be developed by (i) increasing the amount of Ag used, (ii) controlling Ag NPs size, shape and coating to increase the rate of Ag⁺ release or (iii) increasing Ag concentration locally by increasing affinity of NPs or Ag⁺ towards bacteria⁵¹ while remaining safe for non-target organisms. Uncertainties still exist in understanding the mechanism of Ag NP cellular interactions and toxicity. Silver compounds still need to be used with caution as increase in development of bacterial silver-resistance may occur^{24, 86}.

There is a growing interest in new bactericides as antibiotics resistant bacteria have become an increasing global health threat⁸⁷. Bactericidal NMs are of great interest and amongst them, Ag is a promising alternative to antibiotics. The use of Ag NPs in combination with antibiotics has been suggested to reduce the dose of antibiotics, needed to achieve the same effect, by up to 1000-fold, therefore lowering the chances of antibiotic resistance development⁸⁸. Ag NPs have shown to hinder the growth of bacterial biofilms, which are associated with a number of human infections⁸⁸ and therefore could be utilized in coatings of frequently-touched surfaces to reduce bacterial growth.

3.4.1. Nanomaterial-based antimicrobial coatings

Healthcare associated infections (HCAI) are a global concern and efficient antimicrobial coatings are estimated to decrease HCAI and the spread of antibiotics resistant bacteria⁸⁹. Strategies for antimicrobial surfaces include (Figure 2): (i) antimicrobial agent-based coatings to kill microbes due to release of active agent⁹⁰, (ii) physical surface structures or covalently anchored active substances

to kill microbes on contact^{91, 92}, and (iii) surface modifications (e.g. topography or altered hydrophilic/hydrophobic properties) inhibiting initial microbial adhesion⁹³. Thus, antimicrobial surfaces can be classified as either antibiofouling or bactericidal⁹⁴. Metal-based microbe inhibiting surfaces (Cu, Cu alloys or Ag) have been used for centuries⁹⁵ but as such surfaces mainly act via metal ion release⁹⁶ they are not able to degrade the remains of dead bacteria on the surface. The other downsides are the change of the material appearance due to e.g. oxidation and cost of the material⁹⁷.

Antimicrobial NPs show great promise in respective surfaces⁸⁴ as the use of NPs in surface coatings can increase surface efficiency due to large specific surface area of NPs⁹⁸. Although not only metal-based NPs lead to antimicrobial action (e.g. chitosan NPs)⁹⁹, according to meta-analysis of scientific literature⁹⁹ and relevant consumer-product databases^{82, 83} antimicrobial coatings most commonly incorporate metal (e.g. silver, titanium, copper, zinc)-based NPs.

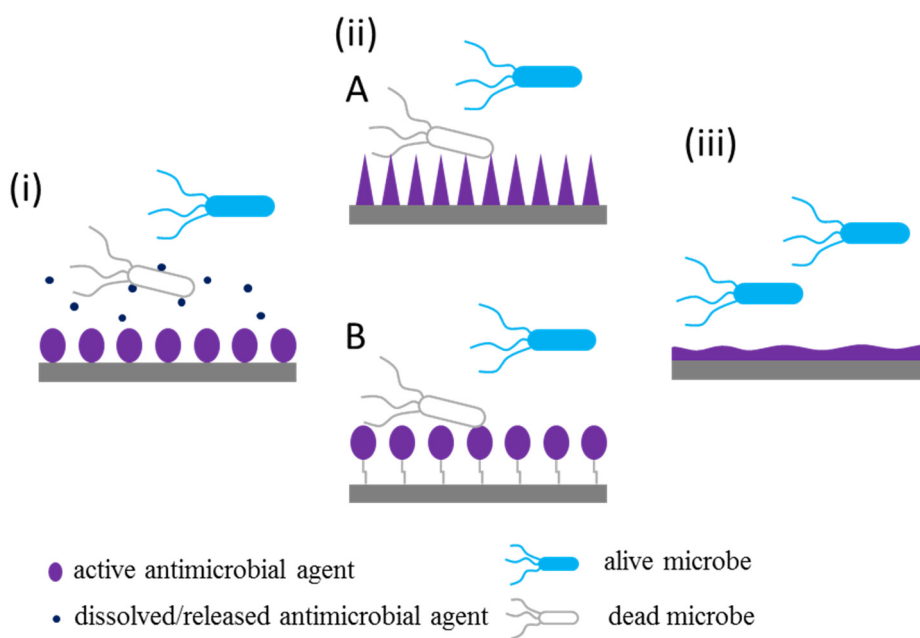


Figure 2. Scheme of different types of antimicrobial coatings. (i) antimicrobial agent release-based coating (ii) contact killing based coating (A – physical surface structure e.g. nanostructured surface, B – covalently surface-linked active agent based coating) (iii) anti-adhesion coatings. Modified from (Ahonen et al. 2017)⁹⁹.

3.4.2. Photocatalytic antimicrobial nano coatings

Photocatalyst ($\text{TiO}_2^{100, 101}$, ZnO^{102}) containing antimicrobial surface is a promising approach to induce microbial killing and degradation of organic matter under specific illumination conditions in a cost-effective way. Commonly, light in the UV energy range is required to overcome photocatalyst band gap (energy required to promote electron from valence band to conduction band) and create electron-hole pairs which have the ability to produce well-known ROS: superoxide anion radicals ($\bullet\text{O}_2^-$) and/or hydroxyl radicals ($\bullet\text{OH}$). The use of nanosized structures in photocatalysis-dependent antimicrobial surfaces potentially enables to prepare highly efficient surfaces as high surface area of NM ensures the presence of higher amount of surface adsorbed species that can act as electron and/or hole traps¹⁰¹, therefore prolonging recombination.

TiO_2 (band gap 3.2 eV) is a well-known environmentally benign¹⁰³ photocatalyst¹⁰⁴, solar cell material¹⁰⁵, anti-fogging material and self-cleaning coating material^{106, 107}. Photoactivated TiO_2 has the ability to destroy a wide range of organic contaminants including microbes. The suggested mechanism behind such behaviour is the degradation of membrane components by the ROS produced during photocatalytic processes^{108–109}. TiO_2 occurs in three different crystal phases (anatase, rutile, brookite) of which anatase phase is shown to produce ROS at higher rate compared to other TiO_2 crystal phases¹¹⁰. Highly reactive hydroxyl radicals are produced during photoexcitation (generated photoholes oxidize surface absorbed H_2O)¹⁰¹. Other ROS contribute to TiO_2 photocatalytic activity, but the majority is attributed to $\bullet\text{OH}$, which are shown to diffuse over short distances and therefore degrade organic compounds (including essential cellular components of microbes) that are not directly in contact with the photocatalyst^{101, 111}. Thin film coatings of TiO_2 are good candidates for inhibiting the growth of potentially pathogenic bacteria¹¹². A proposed alternative photocatalyst to TiO_2 is ZnO which possess similar band gap (3.37 eV) and likewise act mainly via photogenerated hydroxyl radicals but exhibit higher absorption efficiency across a large fraction of the solar spectrum¹¹³. ZnO NMs have reported to induce antibacterial activity through chemical (photoinduced ROS) as well as physical (mechanical damage) interactions¹¹⁴ and therefore is also a potential candidate to be used in antimicrobial surface coatings.

3.4.3. Nanomaterial-based antimicrobial surfaces with combined effect of ion release and photocatalysis

A way to suppress the effect of the limitation that only a small fraction of photons in solar spectrum exceeds band gap energy of the most widespread photocatalyst (TiO_2 , ZnO)¹¹⁵ is to deposit noble metals (e. g. Ag) on these semiconductors (Figure 3A). In this case the noble metal deposition works as an electron sink and facilitates charge separation (inhibition of recombination) and therefore increases efficiency of photocatalysis (Figure 3B)¹¹⁶. Other possibilities include band gap

applied method for the preparation of stable metal NP suspensions¹²³. In the case of preparing Ag NPs, a soluble metal salt (e.g. AgNO₃) is often used as a source for Ag⁺ ions. The reduction of ions can be carried out using a reducing agent (chemical reduction)¹²⁴ or irradiation (photoreduction)¹²⁵ and the resulting Ag⁰ atoms form NPs.

In the case of photocatalytic materials, the photodegradation efficiency of surfaces is evaluated. Similarly to suspensions of photocatalytic particles which are mixed with solutions of model organic dye¹¹⁵ the NP covered surfaces are often suspended in a model dye solution¹²⁶. After appropriate irradiation times the absorbance of model dye solution is measured to evaluate the photodegradation efficiency of the suspended particles or surfaces^{115, 126}.

There is no widely accepted methodology available to precisely and reproducibly evaluate the antimicrobial efficiency of NM-based antimicrobial surfaces¹²⁷. The antimicrobial efficiency of conventional surfaces is evaluated using zone of inhibition, immersive inoculation, direct inoculation or surface growth methods¹²⁸. The three major international standards for the assessment of antimicrobial activity of surfaces are JIS Z2801:2010 (Antibacterial products – Test for antibacterial activity and efficacy), ISO 22196:2010 (Measurement of antibacterial activity on plastics and other non-porous surfaces) and US EPA (Protocol for the evaluation of bactericidal activity of hard, non-porous copper containing surface products)⁹⁷. The standards use *Staphylococcus aureus*, *Escherichia coli* or *Pseudomonas aeruginosa* suspensions to inoculate the test surface. After 24 h incubation the inoculum is washed off and colony counting on agar plates is used to assess the bactericidal efficiency of the tested surface. The need to use UV-light to activate photocatalyst-containing surfaces complicates the testing procedure but there is a standard (ISO 27447:2009) for testing antimicrobial properties of semiconducting photocatalytic materials¹²⁹. The present thesis addressed the need for more suitable testing methods to allow higher throughput screening of antimicrobial properties of NM-based surfaces by modifying and improving the available testing standards.

4. MATERIALS AND METHODS

4.1. Materials

Reagent grade chemicals and water purified with MilliQ equipment were used throughout the experiments. Ag NPs used in the studies were bought: Paper I – Ag nanowires in powder form from Seashell Technology (USA), Paper I and II – citrate stabilized Ag nanosphere aqueous suspensions from MKNano (Canada); Paper III – citrate, bPEI and PEG stabilized Ag nanosphere aqueous suspensions of different sizes from nanoComposix (USA). Self-built fluorescent Hg lamp consisting of fluorescent light bulbs (15 W iSOLde Cleo, λ_{max} 355 nm) was used in Paper IV (light intensity at sample height in 315–400 nm spectral region was 22 W/m²) and Paper V (light intensity at sample height in 315–400 nm spectral region was 2.7–3.2 W/m²) for UVA-light exposures.

4.2. Nanomaterial preparation methods

Ag nanowires were suspended and sonicated (40 W probe sonication for 1.5–2.5 min) before experiments. Ag nanosphere stock suspensions were diluted to relevant test concentrations using water (bacterial assay – Paper I and II; particle characterization analysis – Paper I, II, III; dissolution study – Paper I and II) or cell culture media (mammalian cell assays – Paper II and III; dissolution study – Paper III) depending on the experimental setup and requirements. The exact Ag concentrations in suspensions were determined by ICP-MS or AAS.

Metal oxide NPs were prepared by hydrothermal synthesis. TiO₂ particles were synthesized using PTSA, Ti(OBu)₄ and acac as starting materials. The reaction was carried out overnight at reflux conditions and reaction product was subsequently washed with methanol and dispersed in ethanol (Paper IV). ZnO particles were synthesized using Zn-acetate and KOH in methanol. The reaction was carried out at reflux conditions for 72 h. The reaction product was washed with methanol and redispersed in butanol. Acac was added as a stabilizing ligand. ZnO/Ag composite particles were synthesized by photodeposition of Ag from Ag⁺-containing complex (silver 2-ethylhexanoate) onto ZnO particles using UVA-diode irradiation (120 W/m²). The product was washed with butanol (Paper V).

Thin films and NP covered surfaces were prepared by spin-coating aliquots of colloidal solution on ethanol or acetone washed silicon or glass substrates at ambient atmospheric conditions. TiO₂ thin films were aged at ambient conditions to allow evaporation of remaining solvent, subsequently annealed at 400 °C and washed in deionised water in ultrasonic bath to remove organic residue. ZnO and ZnO/Ag composite NP covered surfaces were heated at 200 °C for removal of organic residue.

4.3. Characterization of particles and surfaces

NPs and NP covered surfaces were extensively characterized to interpret and report the results as accurately as possible. The primary size of NPs was measured using SEM (Paper I) or TEM (Paper II, III, V). Hydrodynamic size and particle surface charge (zeta-potential) were measured using dynamic light scattering (DLS) and electrophoretic light scattering, respectively (Paper I, II, III and IV). Elemental analysis of NPs and NP suspensions was done by SEM-EDX mapping (Paper I and II), STEM-EDX mapping (Paper V), TXRF or AAS (Paper I, II, III, V). Elemental analysis of NP covered surfaces was carried out by acid digestion of surface coating followed by TXRF or AAS (Paper V). UV-Vis spectroscopy was used to detect Ag characteristic surface plasmon resonance peak (Paper I, II and V) and evaluate indirect optical band gap of TiO₂ (Paper IV). Surfaces containing NPs were characterized using Raman spectroscopy (Paper IV) or XRD (Paper V) to confirm crystalline structures and SEM (Paper IV, V) to visualize surface morphology.

As Ag and ZnO particles are known to dissolve and Ag⁺ and Zn²⁺ ions have been shown to exhibit antimicrobial effect, ion release from NPs or NP covered surfaces was analysed. Ag NPs were incubated in conditions (exposure media and time) used in bioassays after which they were ultracentrifuged to separate particulate and ionic form. The resulting supernatant was analysed by AAS (Paper I and II) or ICP-MS (Paper III). Zn and Ag release from ZnO and ZnO/Ag composite NP covered surfaces was measured by exposing surfaces to conditions analogous to antimicrobial test after which Zn and Ag content in the washoff was analysed by TXRF or AAS. The possibility of release of NPs during antimicrobial testing of NP covered surfaces was checked by ultracentrifugation and subsequent chemical analysis of washoffs from 60 min incubated surfaces (Paper V).

4.4. Antimicrobial activity, bioavailability, ROS production and toxicity of Ag nanoparticles (Paper I, II, III)

Model gram-negative bacterium *E. coli* (Paper I, II) was used in antimicrobial tests. Murine fibroblast cell line Balb/3T3 (Paper II) and Jurkat human T-lymphocyte cell line (Paper III) were used in cell culture studies.

Generally, in antimicrobial tests bacterial suspensions were prepared in appropriate concentrations and exposed to relevant concentrations of Ag NPs on the microplate. Depending on the organism and the assay, either inhibition of bioluminescence and/or inhibition of bacterial growth was used as an endpoint to determine half-effective concentration value (EC₅₀). Usually, tests were repeated on separate days to account for inherent variability of bioassays. AgNO₃ was used as an ionic control, samples not exposed to NPs as the negative controls. In Paper I and II bacterial assays were conducted in MilliQ water to avoid the potential

impact of Ag speciation on the test results. Bioavailability of Ag⁺ ions was evaluated by monitoring bioluminescence induction of Ag⁺-induced *E. coli*. Induction value of 2 was considered as induction threshold. EC₅₀ values were normalized according to Ag NP dissolution and/or bioavailability. H₂DCFDA indicator was used to evaluate the Ag NP abiotic ROS production potential. Increase in dye fluorescence was measured (Paper II).

Cell culture assays for toxicity evaluation were performed on microplates in cell culture media. Cells were exposed to Ag NPs at 37 °C and 5% CO₂. After 24 h incubation cell viability was assessed using Neutral Red (Paper II) or resazurin assay (Paper III). AgNO₃ was used as an ionic control, samples not exposed to NPs as negative controls.

4.5. Analysis of cell-particle interactions (Paper III)

Cell-particle interactions were studied using imaging flow cytometry and enhanced dark-field microscopy. For imaging flow cytometry analysis, the cells were washed and resuspended in PBS after exposure. For live-dead analysis the cells were stained with fluorescein diacetate and propidium iodide. Information in bright field, dark field, and fluorescence was collected in parallel. Separate compensation samples were used to take into account background signals. Same exposed suspension was used for cell counting and the remaining suspension was acid digested and analysed with ICP-MS for Ag content. To distinguish internalized Ag from cell surface-bound Ag, selective chemical etching was used. Exposure to the mixture of K₃Fe(CN)₆ and Na₂S₂O₃·5H₂O in PBS was used to oxidize and complex cell surface-associated Ag. Both etched and not etched samples were analysed by flow cytometry and ICP-MS as described above. Enhanced dark-field microscopy was used for high resolution visualization. After exposure cells were washed and resuspended in PBS and fixed with formaldehyde. Drop of suspension was placed on a glass slide, mounting medium was added, the suspension was covered with cover glass and imaged.

4.6. Analysis of bacterial cell morphological changes and degradation of bacterial membrane associated fatty acids (Paper IV)

For analysis of bacterial cell morphological changes, similar exposure conditions as for viability evaluation were used for a constantly bioluminescent *E. coli* strain. In addition, 40 and 60 min exposure times were applied. After exposure the samples were fixed using 2.5% glutaraldehyde and dehydrated with ethanol. The samples were left to dry for 3 days after which they were imaged using SEM.

Uniform layer of fatty acid (stearic, oleic and linoleic acid) was spin-coated onto nano-TiO₂ thin film substrate for photoactivated degradation studies. UVA

exposure was carried out in a climate chamber (25 °C, 70% rh) for 0, 1, 3, 5 and 10 min. Changes in fatty acid chemical structure were evaluated by measuring carbon 1s XPS spectra (comprising sp² carbon, sp³ carbon and carboxylic group) after each exposure using a surface station in the Institute of Physics, University of Tartu.

4.7. Antimicrobial activity of nanoparticle covered surfaces (Paper IV, V)

Gram-negative bacterium *E. coli* (IV and V), gram-positive bacterium *S. aureus* (Paper V) and fungi *C. albicans* (Paper V) were used as model organisms to evaluate the antimicrobial properties of NP covered surfaces.

Photocatalytic metal oxide NP covered surfaces were tested for their antimicrobial effect under UVA light. Two different protocols were used. In Paper IV, aliquots of bacterial suspension of a constantly bioluminescent strain of *E. coli* were dropped onto the surfaces and exposed to UVA (22 W/m²). After exposure (0, 5, 10, 15 and 20 min) in a climate chamber (25 °C, 90% rh) bacteria were washed off from the surfaces, serially diluted and aliquots of each dilution were spread onto LB agar plates. After overnight incubation at 37 °C colonies were counted. In Paper V, test protocol modified from ISO 27447:2009 was used for higher throughput. Aliquots of microbial suspensions were applied to the test surface and covered with polyethylene film. Exposure to UVA (2.7–3.2 W/m²) was carried out in humid environment. After exposure microbes were washed off from the surfaces with toxicity neutralizing agent. The washoff was serially diluted and each dilution was drop-plated onto nutrient agar plates. After 24–48 h incubation at 30 °C colonies were counted. In Paper V antimicrobial activity of Zn²⁺ ions (from soluble ZnSO₄) was evaluated by exposing microbial suspension containing relevant concentration of Zn²⁺ ions on an untreated glass substrate to UVA light. Exposure on non-coated substrates and samples kept in the dark were used as controls in both studies.

4.8. Photocatalytic properties of nanoparticles and nanoparticle covered surfaces (Paper V)

Photocatalytic properties of NP suspensions were evaluated. Photodegradation of added model dye (brilliant blue FCF) was monitored after exposure using UV-Vis spectroscopy.

4.9. Reusability of nanoparticle containing surfaces (Paper V)

10 cycles of use and cleaning were applied to ZnO/Ag composite NP covered surfaces. Antibacterial efficiency was evaluated after each cycle. Photocatalytic activity measurements, elemental analysis and SEM imaging were done on unused surfaces and surfaces after 3 and 10 use cycles.

4.10. Statistical analysis

MS Excel was used to calculate standard deviations and perform t-test. GraphPad Prism or Excel Macro Regtox (MSEExcel macro REGTOX EV7.0.5.xls, available online at: https://www.normalesup.org/~vindimian/en_index.html) was used for EC₅₀ calculations. One-way ANOVA followed by Tukey's HSD using R was performed to detect statistically relevant differences in viable counts in Paper V.

5. RESULTS AND DISCUSSION

5.1. The effect of Ag nanoparticle shape, size and surface charge on antimicrobial activity and toxicity (Paper I, II, III)

As the effects of chemicals and materials (including NPs) are directed towards certain target organisms, the impact on so-called non-target organisms must be as low as possible. In the case of antimicrobial substances, humans are considered non-target organisms. Therefore, alongside antimicrobial studies towards bacteria cytotoxicity towards mammalian cells was evaluated.

To study the potential shape- and size-dependent effects of Ag NPs towards bacterial and mammalian cells, a library of particles was tested (Table 1). Ag nanospheres (Ag NSs, 83 nm) were tested alongside Ag nanowires (Ag NWs, 100 nm × 6100 nm) to study shape-dependent antibacterial activity (Paper I) (Figure 4). The diameters of the tested nanospheres and -wires were chosen in the same size range to enable relevant comparison. Different-sized citrate-coated spherical particles (10, 20, 40, 60 and 80 nm) (Figure 5 A) were tested towards model bacteria *E. coli* and mammalian fibroblasts to evaluate size-dependent antimicrobial activity and toxicity of Ag particles (Paper II). Particle sizes discussed hereafter are mean particle diameters, size distributions are shown in Table 1. In addition to primary size the hydrodynamic size of the tested particles in the used test media was measured to adequately interpret toxicity results. Bacterial assays in Paper I and II were conducted in MilliQ water to exclude Ag speciation driven alterations and the hydrodynamic size in MilliQ water was close to NP primary size. Hydrodynamic diameters in cell culture medium were bigger compared to MilliQ water. The increase is due to organic components found in the media which form a surface coating on the particles⁷⁰ (Table 1).

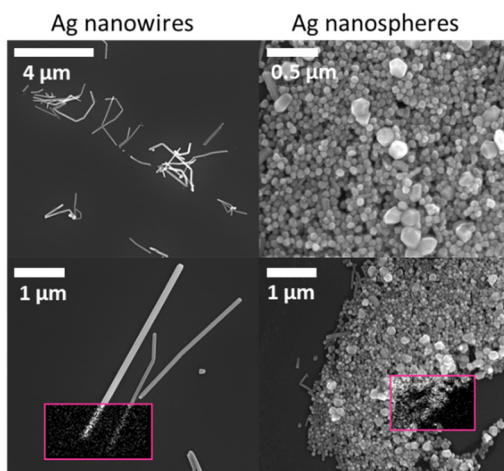


Figure 4: Scanning electron micrographs and EDX mapping (insets showing Ag L_α signal) of Ag nanowires and Ag nanospheres.

EC₅₀ values calculated from bioluminescence inhibition (Table 2) showed statistically significant difference between Ag NSs and Ag NWs which indicated possible shape-dependent antibacterial activity towards *E. coli*. Size-dependent antibacterial activity and cytotoxicity was observed when 10 nm to 80 nm Ag nanospheres were tested towards bacterial and mammalian cells. The results showed that both increased (i.e. EC₅₀ and IC₅₀ values decreased) with decreasing particle size (Table 2).

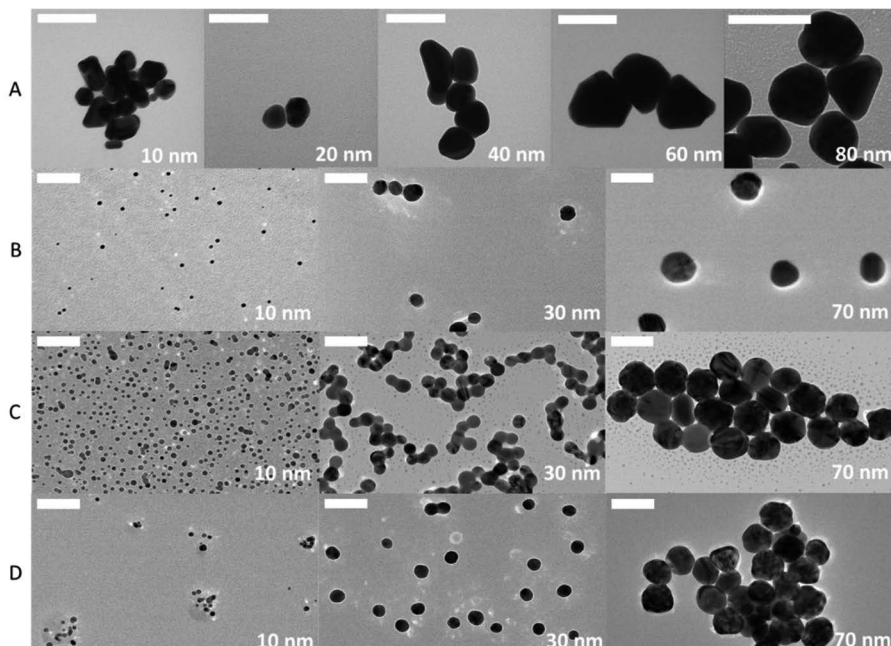


Figure 5. Transmission electron microscopy images of Ag nanoparticles (NPs). A – 10, 20, 40, 60 and 80 nm Ag NPs (Paper II). B – 10, 30 and 70 nm bPEI-coated Ag NPs (Paper III). C – 10, 30 and 70 nm PEG-coated Ag NPs (Paper III). D – 10, 30 and 70 nm citrate-coated Ag NPs (Paper III). Scale bars represent 100 nm.

The influence of surface charge (positive, negative and near neutral) on cytotoxicity was studied using human T-lymphocyte cell line (Paper III). Homogenous and well dispersed Ag NPs with different surface coatings (bPEI, citrate, PEG) were tested (Figure 5 B, C, D). Surface charge measurements confirmed different surface charges: bPEI-coated particles had positive surface charge (33 to 42 mV), citrate covered particles negative (–39 to –44 mV) and PEG covered particles lower negative charge (–21 to –22 mV) (Table 1). The low negative charge is hereafter referred to as near neutral surface coating as the surface charge value of PEG covered particles is the closest to 0 compared to other two surface charges. PEG-coated (near neutral) and citrate-coated (negative) particles were less toxic than bPEI-coated (positive) particles (Table 2). High toxicity of cationic Ag particles could be due to (i) strong binding to cell surface followed by release of Ag⁺ ions, (ii) direct damage to cell membrane, or (iii) elevated cellular uptake.

Table 1. Physico-chemical properties of Ag NPs with different shape, size and surface charge (Paper I, II, III)

Particle	Primary size, nm	Hydrodynamic size (pdi) in MilliQ water, nm	Hydrodynamic size (pdi) in cell culture medium, nm	Surface coating	Surface charge in water, mV	Surface charge in cell culture medium, mV	Paper
Ag NWs	100±40 x 6100±2700	not relevant	–	n.a.	–46	–	I
Ag NSs	83±37	98±1.8 (0.25)	–	citrate	–36	–	I
citrate _{MK} -Ag 10 nm	11.6±5.2	6 (0.48)	68.6 (0.29)	citrate	–25	–9.59	II
citrate _{MK} -Ag 20 nm	17.8±8	11 (0.43)	76 (0.31)	citrate	–25	–10	II
citrate _{MK} -Ag 40 nm	47.7±8	16 (0.28)	107 (0.26)	citrate	–24	–4.84	II
citrate _{MK} -Ag 60 nm	56.5±9.6	58 (0.25)	162 (0.14)	citrate	–15	–8.29	II
citrate _{MK} -Ag 80 nm	94.8±54	68 (0.3)	153 (0.23)	citrate	–16	–9.2	II
bPEI-Ag 10 nm	9.2±1.1	15.7±6.9	89.9±46.8	bPEI	+33.4±0.4	–	III
bPEI-Ag 30 nm	29.3±4	58.0±15.3	237±147	bPEI	+36.5±1.2	–	III
bPEI-Ag 70 nm	79.4±4.3	87.9±27.3	343±140	bPEI	+42.1±2.6	–	III
PEG-Ag 10 nm	9.7±1.4	18.1±9.0	73.0±31.0	PEG	–20.8±2.1	–	III
PEG-Ag 30 nm	29.1±2.6	39.7±10.8	57.3±28.9	PEG	–22.7±1.1	–	III
PEG-Ag 70 nm	70.5±7.7	78.8±19	113±69.8	PEG	–22.2±1.1	–	III
citrate-Ag 10 nm	9.8±1.5	9.6±3.4	42.2±31.5	citrate	–39.6±0.71	–	III
citrate-Ag 30 nm	28.7±2.7	40.2±19.0	50.7±37.0	citrate	–39.7±0.6	–	III
citrate-Ag 70 nm	71.5±5.8	79.2±24.1	87.3±28.9	citrate	–44.1±0.4	–	III

pdi – polydispersity index ; NWs – nanowires; n.a. – not available; NSs – nanospheres; bPEI – branched polyethylenimine; PEG – polyethylene glycol

Table 2. Nominal, dissolution corrected and bioavailability corrected EC₅₀ and IC₅₀ values for Ag NPs (Paper I, II, III)

Particle/Chemical	Antibacterial activity: EC ₅₀ , µg/mL	EC ₅₀ corrected to Ag dissolution ¹	EC ₅₀ corrected to bioavailability ²	Cytotoxicity: IC ₅₀ , µg/mL	IC ₅₀ corrected to Ag dissolution ¹	Paper
Ag NWs	0.42±0.06 ^{a, *}	0.011±0.0014	0.011±0.0005	–	–	I
Ag NSs	0.68±0.01 ^{a, **, *}	0.015±0.0002	0.0099±0.0004	–	–	I
AgNO ₃	0.0082 ^a	0.0082	0.0083	–	–	I
citrate _{MK} -Ag 10 nm	0.27±0.2 ^{b, *}	0.004±0.0026 [*]	0.012±0.00011	16.9±1.9 ^{c, *}	1.18±0.14	II
citrate _{MK} -Ag 20 nm	0.51±0.24 ^{b, *}	0.006±0.0003	0.016±0.00009	22.0±1.3 ^{c, *}	1.76±0.11	II
citrate _{MK} -Ag 40 nm	1.51±1.12 ^{b, *}	0.012±0.0091	0.016±0.0001	28.7±1.6 ^{c, *}	1.48±0.09	II
citrate _{MK} -Ag 60 nm	2.56±1.6 ^{b, *}	0.017±0.011	0.020±0.00009	30.9±2.1 ^{c, *}	1.65±0.12	II
citrate _{MK} -Ag 80 nm	2.96±1.83 ^{b, *}	0.019±0.012	0.020±0.00008	34.9±2.3 ^{c, *}	2.62±0.17	II
AgNO ₃	0.010±0.004 ^b	0.010±0.004	0.010±0.004	1.70±0.57 ^c	1.70±0.58	II
bPEI-Ag 10 nm	–	–	–	3.4±0.4 ^d	0.83±0.10	III
bPEI-Ag 30 nm	–	–	–	6.6±0.6 ^d	0.89±0.08	III
bPEI-Ag 70 nm	–	–	–	14.0±4.2 ^d	0.78±0.24	III
PEG-Ag 10 nm	–	–	–	11.2±5.2 ^{d, ***}	3.46±1.61	III
PEG-Ag 30 nm	–	–	–	17.7±4.7 ^{d, ***}	3.33±0.88	III
PEG-Ag 70 nm	–	–	–	44.2±18.2 ^{d, ***}	5.92±2.44	III
citrate-Ag 10 nm	–	–	–	8.9±4.1 ^{d, ***}	2.67±1.23	III
citrate-Ag 30 nm	–	–	–	31.4±9.0 ^{d, ***}	4.18±1.20	III
citrate-Ag 70 nm	–	–	–	42.6±18.0 ^{d, ***}	4.09±1.73	III
AgNO ₃	–	–	–	0.58±0.11 ^d	0.58±0.11	III

EC₅₀ – half-effective concentration, bacteria; IC₅₀ – half-inhibitory concentration, mammalian cells; NWs – nanowires; NSs – nanospheres; bPEI – branched polyethylenimine; PEG – polyethylene glycol; ^a – *E. coli* MC1061(pSLlux), bioluminescence inhibition assay; ^b – *E. coli* K12 (BW30270), viability assay; ^c – murine fibroblast cell line BALB/3T3, Neutral Red assay; ^d – human T-lymphocyte cell line Jurkat, resazurin assay; ¹ – after abiotic incubation particle suspension was ultracentrifuged and supernatant analysed for Ag using GF-AAS or ICP-MS; ² – bioavailability of silver ions from Ag NPs determined using *E. coli* MC1061(pSLcueR/pDNPeopAlux); * – significantly different (p<0.05) from ionic control (AgNO₃); ** – significantly different (p<0.05) from ionic control (AgNO₃) and Ag nanowires; *** – significantly different (p=0.05) from same-sized bPEI-coated Ag NPs

5.2. The effect of Ag nanoparticle dissolution and nanoparticle-cell interactions on antimicrobial activity and toxicity

To further clarify the mechanisms behind Ag NP biological effects, the tendencies observed earlier – increasing antibacterial activity and cytotoxicity with decreasing particle size and increased cytotoxicity for positively charged particles, were further combined with results from Ag NPs dissolution. Ag NPs are known to dissolve in some degree and antimicrobial activity of Ag⁺ ions is well recognized^{130–132}. Therefore, every study that involves Ag particles should take into consideration particle dissolution and subsequent ion-based effects. As mammalian cells can internalize particles, Ag NP-cell interactions including particle intracellularization were also studied to understand the exact processes behind the observed cytotoxicity results.

5.2.1. The effect of Ag nanoparticle dissolution on antimicrobial activity and toxicity (Paper I, II, III)

Nominal EC₅₀ values indicated shape-dependent antibacterial activity when Ag NWs and Ag NSs of similar diameter were tested (Table 2). However, when the results were normalized to the concentration of dissolved Ag (2.2–2.4% of the particles dissolved to ionic form) EC₅₀ values of both Ag NPs were not statistically significantly different from EC₅₀ value of the ionic control (AgNO₃) (Table 2). That suggests that the effects were driven by dissolved Ag⁺ ions. Same conclusion was drawn when initial EC₅₀ values were normalized to bioavailable Ag (Table 2) using Ag⁺-induced *E. coli*¹³³. Antibacterial activities of Ag NWs suspension and its ultracentrifuged particle-free supernatant were equal further proving ionic toxicity mechanism (Paper I Figure 4 a). Viability assay showed remarkable decrease in bacterial cell count at 5–9-fold higher concentrations (Paper I Figure 4 b). The inhibition of bacterial bioluminescence can therefore be considered an adequate indicator for toxicity that reflects changes in bacterial energy metabolism¹³⁴ and correlates significantly with cellular viability¹³⁵. Although no shape-dependent effects were seen with ~80 nm diameter particles (nanospheres vs nanowires), shape-dependence may still occur with smaller sized particles. Indeed, shape-dependent antibacterial effect for Ag particles has been reported^{49, 50, 52} but the dissolution of the particles and influence of Ag⁺ ions wasn't evaluated in those studies. Therefore, it can't be ruled out that the observed effects could have been explained by particle dissolution as particle shape affects particle dissolution⁶².

The influence of particle dissolution on the observed size-dependent antibacterial efficacy and cytotoxicity results for 10 nm to 80 nm diameter Ag particles (citrate_{MK}-Ag) was assessed. Increased dissolution with decreasing particle¹³⁶ size was observed which could be explained by increased specific

surface area of smaller particles. Nominal EC₅₀ values were corrected to dissolution (Table 2) and it was concluded that dissolution fully explained the antimicrobial activity of 20 nm to 80 nm diameter particles towards bacterial cells and toxicity of all the particles towards mammalian cells.

It seemed that 10 nm particles had additional non-dissolution driven antibacterial properties as the efficacy was higher than could be predicted from EC₅₀ value of ionic control (AgNO₃) (Table 2). At the same time similarities in the slopes of dose-response curves for AgNO₃ and Ag NPs indicate that all the tested Ag compounds have a common mechanism of action (dissolved silver) (Paper II Figure 4). The hypothesis then was that 10 nm particles may induce increased bioavailability of Ag and/or induce ROS. The formation of abiotic ROS was studied by monitoring fluorescence change of ROS-sensitive dye (H₂DCFDA) and in our case ROS was not detected at toxicologically relevant concentrations. In close contact with NPs, cells may release and import higher concentrations of metals than are dissolved in abiotic conditions²¹ and thus, a more relevant measure for NP-released Ag⁺ ions than centrifugation and bulk assessment of Ag should be used. For that, we measured bioavailability of Ag⁺ ions using Ag⁺-induced *E. coli*¹³³. Concentration at which bioluminescence induction of sensor bacteria occurred decreased with decreasing particle size which correlates with increased dissolution of smaller particles. Bioavailability corrected EC₅₀ values indicated that intracellular bioavailable Ag explained the antibacterial efficacy for all the tested particles, including 10 nm particles (Table 2). Thus, we conclude that the major antibacterial effect of Ag NPs derives from their enhanced local dissolution leading to increased bioavailability of Ag. Mechanism through which ions become more bioavailable than abiotic dissolution suggests is claimed to be the increased adherence of Ag particles onto bacterial cell²². It is known that direct contact is essential for increased bioavailability²¹. Therefore, the reason for the increase might be greater particle-cell contact and subsequent increased particle dissolution in close vicinity of the bacterial cell.

Although dissolution and release of Ag⁺ ions explained the effect of variously sized Ag NPs toward mammalian cells, Ag⁺ ions did not explain differences between differently charged particles. Cytotoxicity results showed increased toxic effect for positively charged particles but no obvious differences in dissolution of differently coated particles was observed (Paper III Table 1). It has been shown that cationic NPs have elevated cellular binding compared to anionic NPs^{22, 60} but the difference is rarely quantitatively assessed. Therefore NP-cell interactions with differently coated Ag particles were further studied with combined complementary analytical methods to qualitatively and quantitatively evaluate the difference.

5.2.2. Analysis of Ag nanoparticle-cell interactions affecting particle cytotoxicity (Paper III)

A set of analysis methods (imaging flow cytometry, ICP-MS, dark field microscopy) was used to study NP-cell interactions. Flow cytometry relies on increased light scattering ability of cells upon their association with NPs. Flow cytometry side scatter (SSC) signal has been shown to describe cell-NP interactions^{77, 78}. Imaging flow cytometry enables high-throughput semi-quantitative analysis of the level of cellular interaction with NPs and cell viability when bright field, dark field and fluorescence images are collected simultaneously. No significant increase in flow cytometry SSC signal or obvious binding in dark field microscopy was seen with most PEG- (near-neutral surface charge) and citrate- (negative surface charge) coated Ag particles. Only cells exposed to the largest tested concentration (25.0 µg/mL) of 70 nm PEG- and citrate-coated particles showed slight increase in SSC signal.

However, notable increase in SSC signal was revealed after 24 h exposure to bPEI-coated (positive surface charge) particles at a concentration as low as 0.1 µg/mL (Figure 6, Table 3). bPEI coated particles were also seen to interact tightly with cells under enhanced dark field microscope which allows visualization at higher magnification (Paper III Figure 3). In both, imaging flow cytometry and dark field microscopy, in the case of larger particles the binding of particles to cells was more obvious. Cell counting and ICP-MS analysis was used to obtain quantitative results for cell-bound Ag. The analysis revealed that although larger particles were more visible in flow cytometry and dark field microscopy, the amount of Ag bound to each cell was similar for all bPEI-coated particles. ICP-MS analysis further clarified that compared to bPEI-coated particles, the cellular binding of citrate-coated and PEG-coated particles was 4-fold and 25-fold lower, respectively (Table 3).

Cellular localization of Ag particles was analysed using selective chemical etching⁸¹ which allowed to separate cell surface associated and intracellular Ag. The removal of cell surface associated particles was observable from changes in the flow cytometry SSC signal (Figure 7). It was seen that at IC₅₀ concentration the total amount of Ag NPs bound to cells was higher for bPEI-coated particles, but intracellular concentration of Ag was remarkably similar (Table 3). Therefore, we suggest that the cytotoxicity of different Ag NPs is mostly influenced by their internalization capability and is not directly influenced by cell surface associated Ag NPs. Dissolution of internalized Ag particles has been indicated^{30, 137} and therefore we indirectly evaluated the dissolution of internalized Ag NPs by comparing intracellular concentrations of Ag at IC₅₀ values of Ag NPs and AgNO₃. The analysis revealed 4.5–9-fold higher intracellular Ag concentrations in the case of Ag NP-exposed cells suggesting that significant fraction of Ag NPs was present in nanoparticulate form.

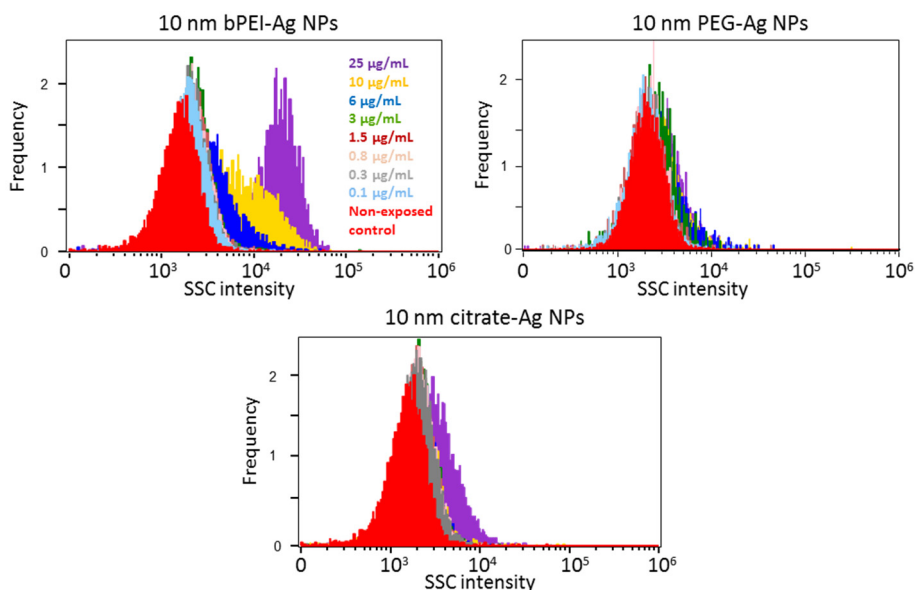


Figure 6. Association of 10 nm bPEI- (positive surface charge), PEG- (near neutral surface charge) and citrate- (negative surface charge) coated Ag nanoparticles (NPs) with human T-lymphocyte cells according to imaging flow cytometry histograms. SSC — side scatter indicating cell-associated Ag NPs.

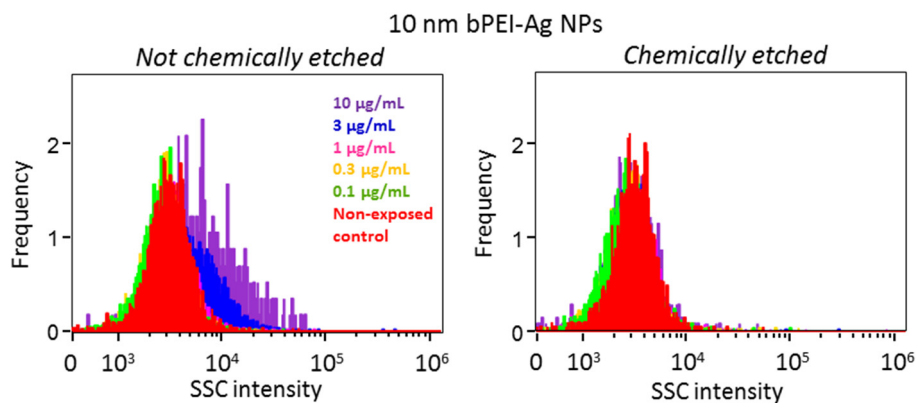


Figure 7. The effect of removal of cell surface associated 10 nm bPEI-coated Ag nanoparticles (NPs) with chemical etching according to flow cytometry histograms. SSC — side scatter indicating cell-associated Ag NPs.

It has been claimed in previous studies^{77,78} that flow cytometry analysis provides mainly information about intracellular NPs. Our study revealed that after chemical etching of surface-bound particles SSC signal disappeared. Thus, we suggest that SSC signal mainly originates from surface-associated particles. ICP-MS analysis showed that although etching removed significant fraction of Ag (as average 85%, 67% and 62–79% of bPEI-, citrate- and PEG-coated particles, respectively), there was still clear difference between intracellular concentrations of Ag NPs with different coatings at the same exposure concentrations (Paper III Figure 5). Decreased cellular uptake with increased particle size was also seen and the result is consistent with previous studies^{58,60}. As Ag NPs are suggested to be internalized through clathrin or caveolin-mediated endocytosis²⁹ high-affinity binding of cationic particles to cellular membrane explains the increased endocytosis activity.

On the basis of our study we recommend not to use positively charged Ag particles in antimicrobial applications as more intracellularization occurs and particles tend to be more toxic to mammalian cells than negatively and near-neutrally charged particles. Our results indicate that mammalian cells are less susceptible to Ag toxicity than bacteria (IC_{50} values ~10 times higher; Table 1) whilst it has been shown that the toxic range of Ag NPs to bacteria and mammalian cells may overlap^{12,15}. Thus, the toxicity of particles towards non-target organisms still needs to be considered when following a safe-by-design principle in product development.

Table 3. Cell-associated (sum of cell surface bound and intracellular) and intracellular Ag in Ag NP and AgNO₃ exposed human T-lymphocyte Jurkat cells at different 24 h exposure conditions (Paper III)

Particle code	Exposure concentration, ng/mL					IC ₅₀ , µg/mL	Cell-associated Ag ^a (fg Ag/cell) at IC ₅₀	Intracellular Ag ^b (fg Ag/cell) at IC ₅₀
	Cell-associated Ag ^a (fg Ag/cell)							
	100	300	1000	3000	10,000			
bPEI-Ag 10 nm	12.8±13.0	26.6±13.9	68.0±6.1	254±75.3 *	n.a.	3.4±0.4	462±47.6	47.3±4.8
bPEI-Ag 30 nm	8.8±3.2	26.5±17.6	46.8±35.9 *	217±127 *	571±248 *	6.6±0.6	386±33.4	62.2±4.5
bPEI-Ag 70 nm	7.9±2.1	23.5±15.5 *	82.5±44.5 *	321±145 *	664±348 *	14.0±4.2	954±286	56.9±11.1
PEG-Ag 10 nm	0.5±0.1	0.5±0.4	4.9±2.0	21.0±10.5	60.0±21.6	11.2±5.2	93.9±24.9	39.8±23.7
PEG-Ag 30 nm	0.3±0.1	0.6±0.3	4.2±1.9	22.0±18.6	63.9±35.4	17.7±4.7	124±30.4	38.4±10.4
PEG-Ag 70 nm	0.2±0.1	0.4±0.3	3.7±1.6	15.0±11.5	40.5±22.4	44.2±18.2	181±74.6	37.4±10.3
citrate-Ag 10 nm	6.2±3.8	10.4±7.9	31.4±13.9	61.4±21.6	328±176	8.9±4.1	218±131	55.6±10.8
citrate-Ag 30 nm	2.6±0.3	6.2±2.3	19.2±9.3	45.9±22.1	98.4±24.8	31.4±9.0	303±86.0	57.4±33.6
citrate-Ag 70 nm	4.1±2.6	13.0±11.1	19.0±4.8	46.4±28.2	91.9±3.5	42.6±18.0	370±156	35.0±13.2
AgNO ₃	1.1±0.2	3.0±1.6	n.a.	n.a.	n.a.	0.58±0.11	7.4±1.4	4.0±2.4

IC₅₀ – half-inhibitory concentration; bPEI – branched polyethylimine; PEG – polyethylene glycol; ^a – measured by ICP-MS after the digestion of exposed cells; ^b – measured by ICP-MS after the digestion of exposed and etched cells; * – significant increase of the flow cytometry side scatter signal; n.a. – not available, could not be measured due to toxicity

5.3. The application of antimicrobial and photocatalytic nanoparticles in antimicrobial surface coatings

To address the need for more efficient antimicrobial surfaces, NP-based surface coatings were prepared and ways to improve surface efficiencies were studied. Photocatalytic surfaces induce microbial killing and are able to degrade excess organic matter, therefore photocatalytically active metal oxides were chosen as the primary particle material. Firstly, TiO_2 was chosen to prepare NP-based thin films because TiO_2 is the most known and used photocatalyst¹⁰⁰. The use of non-dissolvable particles enabled to initially study photocatalysis-driven antibacterial effects without additional complex ion-induced activity. Secondly, the importance of particle dissolution and the high antibacterial effect of Ag^+ ions discussed in the previous chapters was the motivation behind supplementing a dissolvable photocatalytic metal oxide particle (ZnO) with Ag NPs in the following study to combine photocatalytic and ionic effects.

Based on current literature, solution-based synthesis methods are the least energy consuming¹¹³ and therefore, hydrothermal synthesis was used to prepare NP suspensions in both studies. Spin-coating was chosen as a quick and simple method to cover surfaces with the prepared NP suspensions. The prepared surfaces were exposed to UVA-light to initiate photocatalysis-driven effects.

5.3.1. Mechanism of photoinduced toxicity of TiO_2 nanoparticle based thin films (Paper IV)

Suspension of synthesized anatase TiO_2 NPs with hydrodynamic size less than 10 nm was spin-coated onto silicon substrates to prepare ~115 nm thick nanoparticulate thin films (Figure 8 A). High specific surface area ($150 \text{ m}^2/\text{g}$, calculated using particle diameter) ensured the presence of significant amount of surface adsorbed species that can act as electron and/or hole traps¹¹⁰ thus increasing the efficiency of the photocatalyst by increasing the lifetime of electron-hole pairs.

Time-dependent antibacterial effect of the prepared thin films under UVA-light activation was studied using recombinant bioluminescent *E. coli* as a model microorganism (potential pathogen and sanitary indicator bacterium) for luminescence-based assessment of cell viability. The possibility to use long wavelength UV-light (UVA) to activate TiO_2 photocatalysis is a good alternative to direct irradiation of microbes with short wavelength UV-light (UVC) which is germicidal itself but is more harmful to living organisms per se. The applied UVA intensity (22 W/m^2) corresponds to UVA intensity in solar spectrum¹³⁸. The ability of exposed bacteria to form bioluminescent colonies on agarized growth media was determined together with visual inspection of bacterial morphology to evaluate antibacterial effects of UV-treated nano- TiO_2 thin films. After 5 min exposure to UVA on nano- TiO_2 thin films, the colony forming ability of *E. coli*

decreased 4 times and after 20 min exposure no colony forming bacterial cells were detected (Figure 8 B).

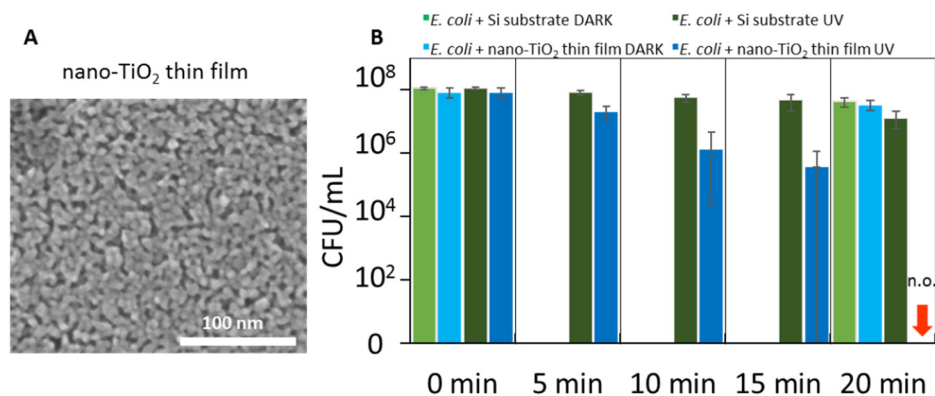


Figure 8. Nano-TiO₂ thin film and colony forming potential of bioluminescent *Escherichia coli* in different exposure conditions. A) SEM image of nano-TiO₂ thin film. B) the effect of UV-irradiation duration on colony forming potential of *E. coli* applied onto Si-monocrystal substrates or nano-TiO₂ thin films. After 20 min of exposure on nano-TiO₂ thin film to UVA light, no viable cells able to grow on agar plate, were observed (marked with n.o. – not observed). The colony forming potential of *E. coli* on surfaces kept in the dark was determined only in the beginning (0 min) and at the end of the experiment (20 min).

As expected, only a slight decrease was seen when *E. coli* was exposed to UVA light on pure silicon control substrates. Bacterial inactivation on TiO₂ thin film after just 20 min UVA exposure was remarkably more effective than in previous studies with similar UVA exposure conditions^{139, 140}.

Photocatalysis driven morphological changes in bacterial cells were visualised by SEM imaging. SEM imaging revealed that as viable luminescent bacterial number decreased, the shape of bacteria became more expanded and the structure of the bacterial cell membrane was distorted (Figure 9). A halo surrounding the bacteria was observed which might be caused by leakage of organic material from the cell as a result of cell membrane damage. Even though all the bacteria were killed after 20 min UVA exposure, cellular debris was still visible under SEM after 60 min illumination (Paper IV Figure S9). Therefore, it can be suggested that considerably longer time is needed to completely decompose and degrade bacterial cells than the time needed to affect bacterial viability.

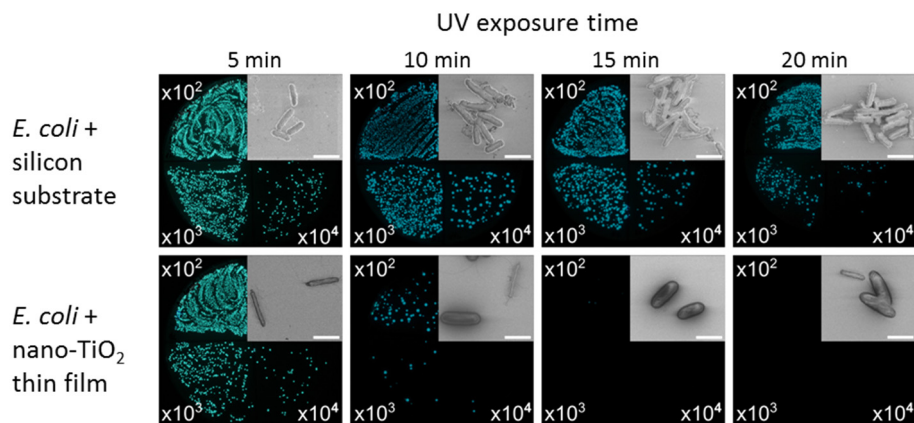


Figure 9. Images of survival of bacteria under UVA-light on control surfaces (upper block of panels) and on nano-TiO₂ thin films (lower block of panels). Different sectors of agar plates show the colonies of luminescent bacteria in 10², 10³ and 10⁴-fold dilutions of UV-exposed bacterial suspension. The photos were taken in the dark. Inset on each image is an SEM image of the bacteria after the respective exposure conditions. Scale bars on SEM images correspond to 2 μm.

To elaborate the mechanism of action of nano-TiO₂ thin films UVA-illumination induced changes in chemical structure of the most abundant fatty acids in bacterial plasma membrane (stearic, oleic and linoleic acid)^{141–143} were examined by x-ray photoelectron spectroscopy (XPS). It was seen that saturated fatty acid (stearic acid) directly degraded during UVA exposure, but unsaturated fatty acids (oleic and linoleic acid) went through changes in their chemical composition before total degradation (Paper IV Figure 3). Although photo-oxidation of the three fatty acids passed several stages, the time required for total photo-degradation (10 min) was similar for them all. It has been shown that cell membrane susceptibility to TiO₂ photo-oxidation can be linked to the degree of unsaturation of fatty acid chains of phospholipids^{108, 144}. Our study suggested that the loss of integrity of the main cellular outer barriers and bacterial envelope is the cause for antibacterial effect of photo-activated nano-TiO₂ thin film. Our statement is in agreement with a report by Kubacka et al.¹⁰¹ showing the importance of cell wall and cell membrane related biological processes in the antibacterial activity of TiO₂ NP containing thin films.

5.3.2. Antimicrobial effect of ZnO and ZnO/Ag composite nanoparticle covered surfaces (Paper V)

A well-known and widely used photocatalyst besides TiO₂ is ZnO. Nanosized ZnO is partially soluble and the released Zn²⁺-ions are known to have antimicrobial properties¹⁰². Thus, ZnO was chosen as an ion-releasing photocatalytic metal oxide material to prepare NP covered photocatalytic and antimicrobial

surfaces. Ag was photodeposited onto ZnO particles to increase photocatalytic efficacy by acting as an electron sink and therefore prolonging electron-hole pair lifetime^{145–147}. Zn²⁺ and Ag⁺ ions are both known for their antimicrobial effect and therefore the prepared NP covered surfaces were expected to have a combined effect of increased photocatalysis and released metal ions.

Well-defined and clearly separated ~80x30 nm rod-like ZnO particles were synthesized using hydrothermal method. ZnO particles were stabilized in butanol using acac and Ag was photodeposited onto ZnO particles using UVA illumination. Ag concentrations were chosen on the basis of previous research on ZnO/Ag composite particles^{115, 116, 145, 146, 148–150}. The morphology of ZnO and ZnO/Ag composite particles was similar according to TEM. STEM-EDX analysis revealed silver depositions on ZnO particles (Figure 10 A). UV-Vis measurements of suspensions demonstrated localized surface plasmon resonance peak at ~425 nm which is characteristic to Ag NPs¹⁵¹ (Figure 10 B). XRD analysis showed the presence of crystalline ZnO¹⁴⁸. Ag structure was not detected with XRD which might be because of the very low amount of Ag or amorphous phase of Ag (Paper V Figure S3). Aliquots of ZnO or ZnO/Ag composite NP suspensions were applied to glass substrates by spin-coating to prepare particle covered surfaces. It is noteworthy that NP covered surfaces (immobilized NPs) have been significantly less studied for their antimicrobial activity than NPs in the form of a suspension.

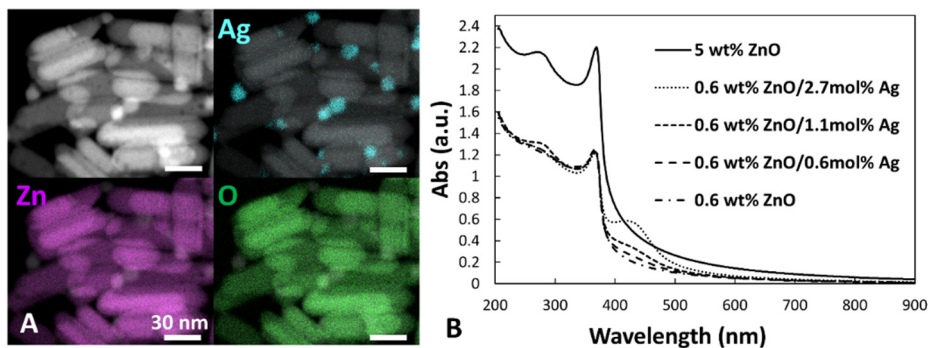


Figure 10. Characterization of ZnO and ZnO/Ag NPs in STEM, EDX and UV-Vis. A: HAADF- STEM images and EDX mapping of ZnO/Ag composite NPs. HAADF-STEM images combined with EDX mapping results show silver (Ag) L_α in blue, zinc (Zn) K_α in violet and oxygen (O) K_α in green. Scale bars correspond to 30 nm. B: UV-Vis absorbance spectra of ZnO and ZnO/Ag composite NP suspensions. Surface plasmon resonance peak at ~425 nm is characteristic to Ag NPs.

Two different surface coverage densities were used to evaluate the influence of the amount of ZnO on the surface. Three concentrations of Ag were chosen to evaluate the influence of Ag on photocatalytic and antimicrobial effect. The surfaces contained either 2 μg Zn (in the form of ZnO) and 0, 0.005, 0.014 or 0.022 μg Ag (sparse coverage) or 20 μg Zn (in the form of ZnO) (dense coverage)

per cm^2 . SEM indicated even coverage of ZnO particles on all prepared surfaces and no visual difference between pure ZnO and Ag supplemented ZnO covered surfaces was seen (Figure 11). Photodegradation of model dye by all NP suspensions was characterized to check the influence of added Ag deposits on photocatalytic activity. The most remarkable increase compared to pure ZnO was seen with composite particles with the highest silver content (Figure 12 A). It has been claimed that the observed increase is the result of added Ag acting as an electron sink and prolonging the lifetime of electron-hole pairs. Photodegradation of dye also depended on ZnO concentration as was expected (Figure 12 B).

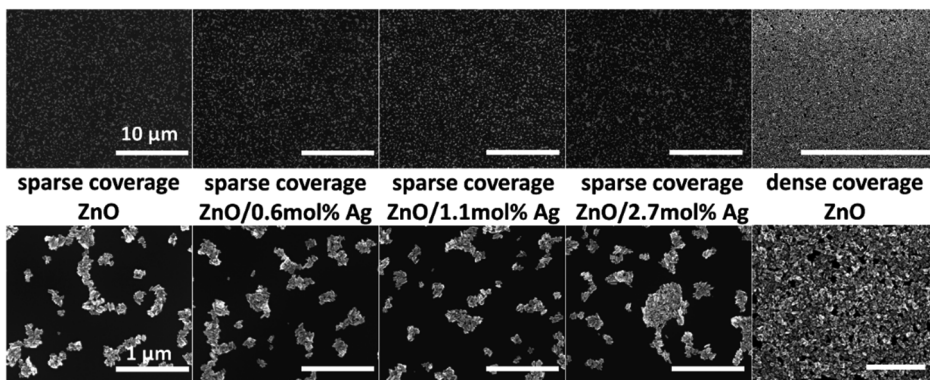


Figure 11. SEM images of ZnO and ZnO/Ag composite NP covered surfaces. Scale bars correspond to 10 μm (upper panels) or 1 μm (lower panels).

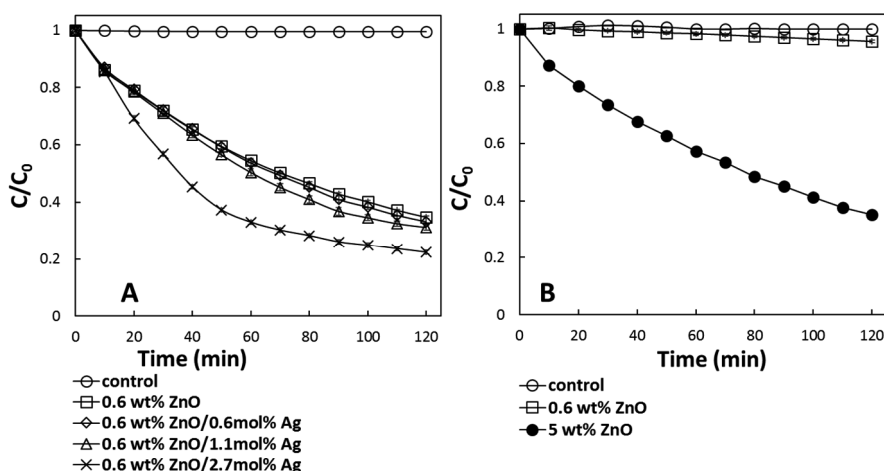


Figure 12. Photocatalytic activity of ZnO and ZnO/Ag NPs under UVA irradiation. A: 0.6 wt% ZnO and ZnO/Ag composite NP suspensions and B: 10 \times more diluted suspensions compared to A of 0.6 and 5 wt% ZnO NPs; all suspensions were in butanol with model dye. Control – model dye (brilliant blue FCF) solution. Graphs represent averages and standard deviations (due to small values not visible on the graphs) of three

experiments. X-axis – UVA irradiation time (min). Y-axis – change in absorbance of model dye at characteristic wavelength (630 nm) (C/C_0).

For antimicrobial activity testing of the prepared surfaces, improved test protocol was developed based on ISO 27447:2009 for higher throughput. Our modified test protocol enabled quantification of the decrease in viable microbial counts by three logs and therefore fulfils the requirement for 99.9% decrease of microbes on surfaces as required by the US standards but does not allow the assessment of 4–5 log decrease as required by the EN standards for surfaces in healthcare settings. Three model pathogenic organisms were used: *E. coli*, *S. aureus* and *C. albicans*. Antimicrobial efficiency of our ZnO and ZnO/Ag surfaces in the dark was relatively small (Figure 13 A, C and E). Though, after 60 min incubation the toxic effect of ZnO covered surfaces became statistically relevant (Paper V Figure 5). Also, sparse coverage ZnO surface with the highest Ag content showed significant effect in the dark causing >3 log reduction of *E. coli* and *S. aureus* after 60 min incubation (Figure 13 A and C). In the applied test conditions, *S. aureus* seemed to be more sensitive to surfaces-induced effects than *E. coli*. *C. albicans* was the least sensitive.

Surfaces were notably more effective under UVA illumination (Figure 13 B, D, F). UV-induced antimicrobial activity of surfaces was dependent on ZnO content. Dense coverage ZnO surfaces enabled ~2 log reduction of viable bacterial cells already after 15 min incubation and can be considered very efficient. Further incubation resulted in reduction of viable counts exceeding our limit of quantification. For practical application, short killing times are preferred and therefore 24 h incubation time required in the current standards has been criticized⁹⁷. The addition of Ag to ZnO generally increased antimicrobial activity. The effect of the surfaces with the highest Ag content was the most significant and after less than 30 min illumination resulted in >3 log reduction of viable bacteria. The effect was the lowest for *C. albicans*, likely due to higher resistance of fungal cells¹⁵² and only 0.6 log reduction occurred after 60 min incubation.

Our tests showed that NPs were not released from the surfaces during the exposures, therefore in addition to photocatalytic activity, only released ionic Zn and Ag can add to antimicrobial efficiency. We exposed bacterial cells to Zn^{2+} ion (from soluble $ZnSO_4$) concentrations which corresponded to the amounts of ions released from the surface (determined by dissolution experiments) (Paper V Figure S5) to study the influence of Zn^{2+} ions on overall toxicity. No toxicity was seen toward *S. aureus* and *C. albicans*. However, significant dose-independent effect was observed for *E. coli*. *S. aureus* has been shown to be less susceptible to Ag-ZnO treatment than *E. coli*, probably due to weaker antioxidant cellular content of *E. coli* that renders the latter less resistant to oxidative stress^{153, 154}. Comparison of toxicity of surfaces with ionic toxicity also showed difference between *E. coli* and the other two test organisms. Thus, for *E. coli* it would be plausible to explain surface toxicity with the release of metal ions or oxidative stress. However, ZnO surfaces were lacking dose effect in the dark but had a clear dose-dependent difference under UVA which confirms photocatalysis as the main contributor to the antimicrobial effect.

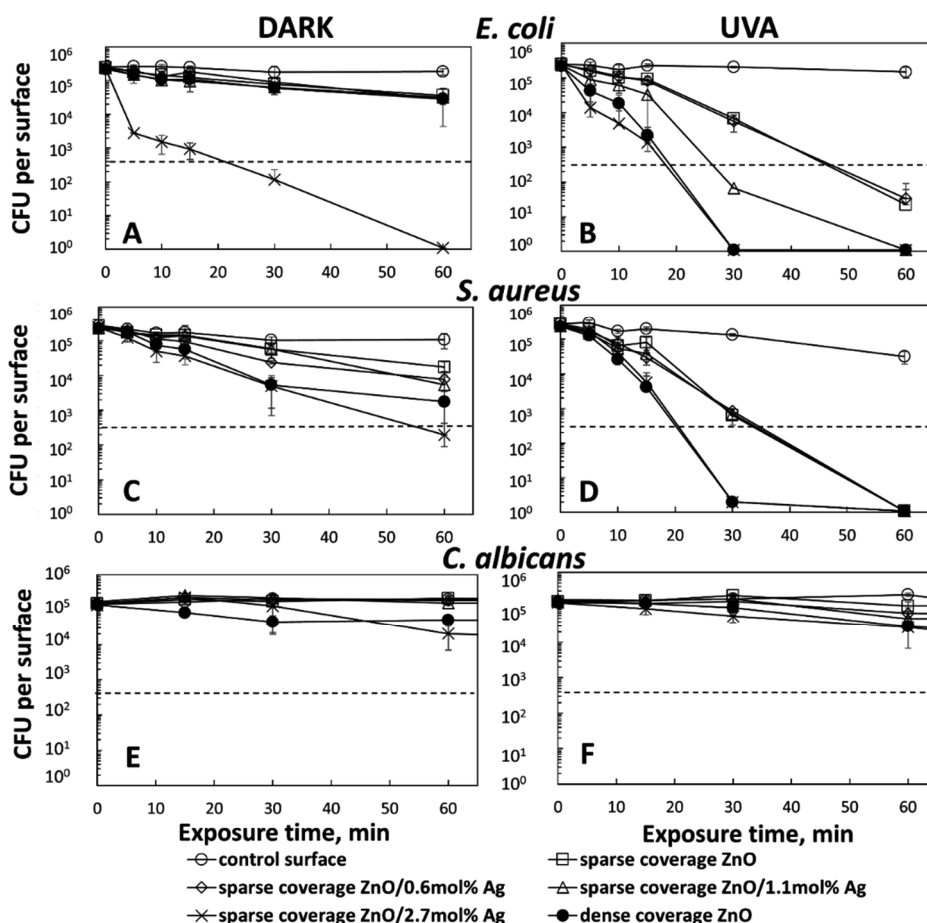


Figure 13. Viability of microorganisms on ZnO and ZnO/Ag surfaces in the dark and under UVA illumination. Viability of *Escherichia coli* (A and B), *Staphylococcus aureus* (C and D), *Candida albicans* (E and F) exposed to ZnO and ZnO/Ag composite NP covered surfaces, expressed in colony forming units (CFU). Left – surfaces kept in the dark as control. Right – UVA exposed surfaces. Graphs represent averages and standard deviations of three experiments. Dotted line: limit of quantification for CFUs.

Increased photocatalytic activity in the case of higher amount of ZnO or increased Ag content in ZnO/Ag composites was as well confirmed by model dye photo-degradation test (Figure 12). Other previously published papers have reported that ROS^{155–157} and slow release of metal ions¹⁵⁸ are the main mechanisms driving the toxicity of ZnO/Ag containing materials. We observed relatively low release of Zn²⁺ ions from our surfaces even under UVA illumination. As these concentrations were not toxic for *S. aureus* and *C. albicans*, we suggest the possibility for additional local release of Zn near cell walls¹⁵⁹. Our study didn't involve testing of ROS production and therefore further research is needed to clearly distinguish

between effects caused by the ions and ROS. Photodegradation of membrane associated fatty acids is probably also occurring as was shown in Paper IV.

For practical applications, the reusability of antimicrobial surfaces is extremely important. We tested the antibacterial efficacy of sparse coverage ZnO surfaces with the highest Ag content during 10 usage cycles. Although TXRF and AAS analysis showed decreased Zn and Ag content of the surfaces after usage cycles, we didn't observe significant decrease in neither antibacterial activity (Paper V Figure 7) nor photodegradation capability of the surface (Paper V Figure S7). According to our knowledge, our study is the first to demonstrate the reusability of ZnO/Ag surfaces for antimicrobial applications. The use of Ag NPs showed increased photocatalytic and antimicrobial activity even in very low concentrations (0.005, 0.014 or 0.022 $\mu\text{g Ag per cm}^2$) and therefore, ZnO/Ag combination can be considered a perspective material in antimicrobial coatings.

CONCLUSIONS

Novel properties of nanosized materials are exploited in numerous consumer products and in product development. The increased interest in the use of nanomaterials (NMs) has created a need for better understanding of their influence on relevant organisms. The most widely used NMs in consumer products are silver nanoparticles (Ag NPs) and the respective applications mainly exploit the antimicrobial nature of Ag. In addition to favorable properties, the newly developed NMs may induce unwanted effects towards non-target organisms. The main aim of the current study was to design novel antimicrobial Ag NP-containing surfaces. Therefore, the current thesis includes studies about the toxicity and the mechanism of toxicity of a library of Ag NPs towards microbial and mammalian cells and the use of NPs in antimicrobial coatings. The focus has been on understanding the influence of particle physico-chemical properties on their antimicrobial activity and toxicity towards mammalian cells to be able to recommend the use of the most adequate materials in antimicrobial product development. The possible application of NPs in antimicrobial coatings was studied as that field of NP use has been under constant increased interest.

The thesis showed that in the case of rather large Ag NPs (~80 nm in diameter) the effect towards model bacterium *Escherichia coli* was not shape-dependent (nanospheres vs nanowires) and could be fully explained by particle dissolution and bioavailability of Ag⁺ ions. A library of variously sized spherical Ag particles (10, 20, 30, 40, 60, 70 and 80 nm) was studied and increased antimicrobial activity and toxicity with decreasing particle size was observed. It was seen that Ag particles were ~10 times less toxic to mammalian cells than to bacterial cells and the effect towards mammalian cells was explained by the release of Ag⁺ ions. For 20 nm to 80 nm Ag NPs, the size-dependent antimicrobial activity was explained by increased particle dissolution but the effect of 10 nm particles couldn't be explained by abiotic dissolved Ag. The nano-specific effect of 10 nm particles was further studied and it was confirmed that increased bioavailability of Ag⁺ ions was the reason for increased antimicrobial efficacy. Although the mechanism of increased bioavailability of Ag⁺ ions from 10 nm Ag particles is not clear, it is hypothesized to arise from processes happening in close vicinity of the cell. As overall particle dissolution in abiotic conditions does not always explain the complex mechanism of Ag biological effects, additional research is needed to clarify the mechanism of influence.

In addition to particle shape and size it is important to understand the influence of particle surface charge on toxicity as different particle coatings are used in various applications. The effect of a library of Ag particles with different surface coatings (branched polyethylenimine, citrate, polyethylene glycol) and subsequently different surface charges (positive, negative, near-neutral) towards mammalian cells was studied. NP-cell interactions were studied to explain the mechanism through which Ag particles influence the cells. Positively charged particles were seen to cause higher cytotoxicity and bind to cells more effectively

than particles with negative and neutral surface charge. Cell-bound and intracellular Ag was quantitatively distinguished from each other and comparable intracellular Ag concentrations were observed at half maximal inhibitory concentrations of all the particles. This suggests that internalization capability of particles significantly influences their cytotoxicity.

As the spread of multidrug resistant microbes has raised the need for new antimicrobial treatments, the current thesis addressed the issue of NP-based antimicrobial surfaces. Photocatalytic material-based NP covered surfaces were prepared as photocatalysis is known to result in degradation of organic matter including microbes. First, non-soluble photocatalytic NPs (TiO_2) were prepared and coated onto substrates by spin-coating to understand the mechanisms through which immobilized photocatalytic NPs cause antibacterial activity. SEM imaging confirmed that damages to bacterial cell envelope occur in the same time frame as bacterial inactivation in the viability study. Decomposition of common fatty acids of bacterial plasma membrane was suggested to be the reason for morphological changes and leakage of bacterial cell components that was observed in SEM. Next, the use of Ag NPs in combination with ion-releasing photocatalytic NPs (ZnO) was studied to understand the influence of Ag on photocatalytic activity and to develop highly efficient coatings based on a combined effect of photocatalysis and antimicrobial ions. High efficiency was expected as both materials were ion-releasing and both ions (Zn^{2+} , Ag^+) are known to have antimicrobial activity. The developed ZnO/Ag NP-based coatings showed high antimicrobial activity however a straightforward ionic effect towards the studied microbes (bacteria, fungi) was not proven. The observed effect was potentially mostly photocatalysis-driven.

Reusability of the prepared surfaces was tested and no significant decrease in neither antibacterial activity nor photodegradation capability was observed after 10 usage cycles. According to our knowledge, our study was the first to demonstrate the reusability of ZnO/Ag surfaces for antimicrobial applications. Altogether it was shown that the addition of Ag increased photocatalytic effect and antimicrobial efficiency of the prepared surfaces and therefore Ag can be considered a suitable material to increase the efficiency of photocatalytic material-based antimicrobial coatings.

Results of the present thesis support the use of Ag NPs in combination with photocatalytic NPs to prepare efficient antimicrobial coatings that in addition to microbial killing also potentially degrade surface contaminating organic matter (including microbes). In addition, the results suggest avoiding the use of positively charged Ag NPs in human directed products as cationic particles presented notably higher toxic effect to mammalian cells.

SUMMARY IN ESTONIAN

Metalliliste nanoosakeste disain ja füüsikalis-keemiline iseloomustamine ning nende rakendamine antimikroobsetes pinnakatetes

Uudsete omadustega nanosuurusel materjale rakendatakse arvukates tarbekaupades ning tootarenduses. Suurenenud huvi nanomaterjalide kasutuse vastu on tekitanud vajaduse paremini aru saada nende mõjust ümbritsevale, sest lisaks soovitud omadustele võivad need esile kutsuda soovimatuid mõjusid mitte-sihtorganismidele. Tarbekaupades enimkasutatud nanomaterjal on hõbe (edaspidi Ag) ning peamiselt rakendatakse toodetes Ag antimikroobset toimet.

Käesoleva dissertatsiooni peamiseks eesmärgiks oli disainida Ag nanoosakesi sisaldavad uued antimikroobsed, ent mitte-sihtorganismidele (sh inimestele) ohutud pinnakatted. Soovitamaks antimikroobsete toodete arenduseks kõige sobivamaid materjale, uuriti Ag, TiO₂ ja ZnO nanoosakeste antimikroobset toimet ning mürgisust imetajarakkudele, nanoosakeste füüsikalis-keemiliste omaduste mõju antimikroobsusele ja mürgisusele ning toimemehhanisme.

Antud tööst selgub, et suurte Ag nanoosakeste puhul (~80 nm läbimõõduga) ei sõltu nende toime mudelbakterile *Escherichia coli* osakese kujust (nanosfäärid vs nanotraadid), vaid on täielikult seletatav osakese lahustuvuse ja Ag⁺ ionide biosaadavusega. Erineva suurusega (10, 20, 30, 40, 60, 70 ja 80 nm) sfääriliste Ag osakeste puhul leiti, et osakese suuruse vähenedes suurenes nende antimikroobne toime ja mürgisus. Leiti, et Ag osakesed olid imetajarakkudele ~10 korda vähem mürgised kui bakteritele ning mõju imetajarakkudele oli seletatav vabanenud Ag⁺ ionidega. 20–80 nm läbimõõduga osakeste puhul oli osakese suurusest sõltuv antibakteriaalne toime samuti seletatav suurenenud lahustuvusega. Sama järeldus ei kehtinud 10 nm osakeste puhul ning edasised uuringud näitasid, et 10 nm osakeste suurenenud antibakteriaalsus tulenes Ag⁺ ionide suurenenud biosaadavusest, mis eeldatavalt tuleneb bakteriraku piirpinnal toimuvatest protsessidest. Ag osakeste keerukat mõjumehhanismi uurides peab seega arvestama, et abiootilistes tingimustes mõõdetud osakese lahustuvus ei pruugi täielikult seletada osakese mürgisust bakteritele ning mõjumehhanismi selgitamiseks on vajalikud täiendavad uuringud.

Kuna rakendustes kasutatakse erineva kattega osakesi, on lisaks osakese kujule ja suurusele oluline mõista ka pinnalaengu mõju mürgisusele. Kirjeldatud mõju selgitamiseks uuriti erinevalt kaetud (hargnenud polüetüleenimiin, tsitraat, polüetüleenlühikool) ning sellest tulenevalt erineva pinnalaenguga (positiivne, negatiivne, neutraalse-lähedane) Ag nanoosakeste mõju imetajarakkudele. Kaasnevate mõjumehhanismide selgitamiseks uuriti nanoosakeste ja rakkude vahelisi vastasmõjusid. Võrreldes negatiivselt ja neutraalse-lähedaselt laetud osakestega täheldati positiivse pinnalaenguga osakeste puhul suurenenud mürgisust ja efektiivsemat imetajarakuga seondumist. Rakumembraaniga seondunud ja rakusisest Ag-d eristati kvantitatiivselt ning näidati, et kõikide osakeste puhul oli

keskmiselt pärssiva kontsentratsiooni juures rakusisese Ag kogus sarnane. Nähtu põhjal võib eeldada, et osakeste rakku sisenemise võime mõjutab märkimisväärselt nende mürgisust ning positiivse pinnalaenguga osakesed mõjuvad imetajarakkudele oluliselt mürgisemalt.

Multiresistentsete mikroobide levik on tekitanud vajaduse uudsete antimikroobsete toodete järele ning seepärast tegeles käesolev dissertatsioon nanoosakestel põhinevate antimikroobsete pindadega. Fotokatalüüsi käigus lagundatakse orgaanilist ainet, sealhulgas mikroobe, ning seepärast kasutati pindade katmiseks fotokatalüütilisi nanoosakesi. Esmalt valmistati immobiliseeritud fotokatalüütiliste nanoosakeste antibakteriaalsuse mehhanismide uurimiseks vurrkatmise teel mittelahustuvate fotokatalüütiliste osakestega (TiO_2) kaetud pinnad. Skaneeriva elektronmikroskoopia (SEM) uuringud kinnitasid, et kahjustused bakterite kestile ilmnesisid samaaegselt elumuse uuringus nähtud bakterite inaktiveerumisega. SEMi uuringus nähtud bakterikesta morfoloogiliste muutuste ja bakteriraku sisu lekkimise põhjuseks oli oletatavalt bakteri plasmamembraanis sisalduvate rasvhapete lagunemine. Järgnevalt uuriti Ag nanoosakeste koosmõju lahustuvate fotokatalüütiliste nanoosakestega (ZnO), et mõista Ag mõju fotokatalüüsi aktiivsusele ja arendada fotokatalüüsi ja antimikroobsete ionide koosmõjus suure efektiivsusega pinnakatteid. Suure antimikroobse efektiivsuse eeldus oli mõlema materjali osaline lahustuvus ning Zn^{2+} ja Ag^+ ionide antimikroobsed omadused. ZnO/Ag nanoosakestel põhinevad pinnakatted olid kõrge antimikroobse efektiivsusega, kuid otsest ionidest tulenevat efekti uuritud mikroobidele (bakterid, pärmseen) ei tõestatud. Nähtud mõju näis põhiliselt tulenevat fotokatalüüsist.

Väljatöötatud pinnakatete korduvkasutatavuse hindamine näitas, et pinnakatete antibakteriaalne aktiivsus ja fotokatalüütilise lagundamise võime ei vähenenud märkimisväärselt ka pärast kümmet kasutustsüklit. Meile teadaolevalt oli meie uurimus esimene, mis näitas ZnO/Ag pindade korduvkasutatavust antimikroobses rakenduses. Kokkuvõtvalt näidati, et Ag lisamine suurendas pindade fotokatalüütilist ja antimikroobset mõju ning seepärast on Ag sobiv fotokatalüütilistel materjalidel põhinevate antimikroobsete pinnakatete efektiivsuse suurendamiseks.

Käesoleva dissertatsiooni tulemused toetavad Ag nanoosakeste kombineerimist fotokatalüütiliste materjalidega efektiivsete antimikroobsete ning orgaanilist ainet (sh mikroobe) lagundavate pinnakatete valmistamisel. Ühtlasi võib saadud tulemuste põhjal soovitada positiivse pinnalaenguga Ag nanoosakeste kasutamise vältimist toodetes, millega inimene vahetult kokku puutub, sest sellised osakesed olid imetajarakkudele märkimisväärselt mürgisemad kui negatiivse või neutraalse laenguga osakesed.

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PUBLICATIONS

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2006–2009 University of Tartu, Faculty of Science and Technology, Bachelor of Science in Engineering (Materials Science)
1995–2006 Kadrina Secondary School, silver medal
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Career:

2019–... University of Tartu, Institute of Physics, specialist
2015–2018 National Institute of Chemical Physics and Biophysics, Early-Stage Researcher
2012–2014 University of Tartu, Institute of Physics, specialist
2010–2012 University of Tartu, Institute of Technology, laboratory technician
2008–2010 University of Tartu, Institute of Physics, laboratory technician

Special courses:

2015 Archimedes Foundation DoRa T6 scholarship: semester abroad for Doctoral students (Adelaide, Australia, University of South Australia)
2014 “Practical Course in Advanced Microscopy” (Zürich, Switzerland, ETH Zürich and University of Zürich)
“Modern morphological methods” (Tartu, Estonia, Estonian University of Life Sciences)
2013 “Implications of Nanomaterials: A hands on course on Synthesis, Characterisation, and Ecotoxicology” (Aveiro, Portugal, University of Aveiro)

Supervised dissertations:

1. Egle Truska, Master’s Degree, 2018, supervisors Merilin Rosenberg, Meeri Visnapuu; Optimization of antimicrobial and photocatalytic properties of nano-ZnO/Ag composite covered surfaces, Tallinn University of Technology.

2. Adam Erki Enok, Master's Degree, 2016, supervisors Urmas Joost, Meeri Visnapuu, Vambola Kisand; Optically transparent aluminium doped zinc oxide thin films from alkyl amine stabilised nano dispersions – preparation and characterisation, University of Tartu.
3. Meeri Lembinen, Master's Degree, 2014, supervisors Vambola Kisand, Urmas Joost, Meeri Visnapuu; Spectral dependence of the orientation and the size of metallic nanorods, University of Tartu.

List of publications:

1. A. Šutka, M. Järvekülg, K. A. Gross, M. Kook, T. Käämbre, **M. Visnapuu**, G. Trefalt, A. Šutka, Visible light to switch-on desorption from goethite, *Nanoscale* 11 (2019) 3794–3798.
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9. A. Šutka, M. Timusk, N. Döbelin, R. Pärna, **M. Visnapuu**, U. Joost, T. Käämbre, V. Kisand, K. Saal, M. Knite, A straightforward and “green” solvothermal synthesis of Al doped zinc oxide plasmonic nanocrystals and piezoresistive elastomer nanocomposite, *RSC Advances* 5 (2015) 63846–63852.
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Juhendatud lõputööd:

1. Egle Truska, magistrikraad, 2018, juhendajad Merilin Rosenberg, Meeri Visnapuu; Nano-ZnO/Ag komposiitsete osakestega kaetud pindade antimikroobsete ja fotokatalüütiliste omaduste optimeerimine, Tallinna Tehnikaülikool.
2. Adam Erki Enok, magistrikraad, 2016, juhendajad Urmas Joost, Meeri Visnapuu, Vambola Kisand; Alküllamiinidega stabiliseeritud alumiiniumiga dopeeritud tsinkoksiidi nanoosakestest optiliselt läbipaistvate kilede valmistamine ja karakteriseerimine, Tartu Ülikool.

3. Meeri Lembinen, magistrikraad, 2014, juhendajad Vambola Kisand, Urmas Joost, Meeri Visnapuu; Metalliliste nanovarraste spektraalomaduste sõltuvus orientatsioonist ja mõõtmetest, Tartu Ülikool.

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